

# The Study of Vibration

## Session 201

by  
Da Pah Ekara San

Recorded December 14, 2007

**[ONLINE TRANSCRIPT FOR IMZAIA.WORLD](http://IMZAIA.WORLD)**

**Da Jeshua San:** When I see the hills of Camelot, I will be one with myself again. When I see the hills of Camelot, I will find my heart and my soul again. When I see the hills of Camelot, I will be one with you again. Things that were said a very long time ago, spoken by those who used to live here, spoken by all of you.

I wish all of you a very, very good morning. Thank you so much for being here. We usually don't have an actual tradition to start these seminars, these gatherings off, so we are not going to start by tradition today. I just want all of you to know that you are very welcome here. I also want all of you to know that ever since this morning, there is a type of nervousness that has crept into my bloodstream. It has to do with the views, every time I look out of the hotel room window, I see these seas. And instead of seeing the sea as it is today, I see the ocean as it used to be. I see ships sailing by. I see people coming and going.

It is a very strange sight to be in two spaces at the same time. Maybe you have the same feeling, because I believe that everybody here, already arrived yesterday. Is that right?

**Audience:** Yes.

**Da Jeshua San:** Yeah, yeah. So how has it been for you, arriving here in Camelot?

**Audience:** Great! Wonderful! So good!

**Da Jeshua San:** Yeah, yeah. Well, we will be spending a lot of the coming three days, indoor here, presenting the seminar, but also, I really want you to know that we are planning to take you outside a lot, to walk on the hills. Maybe you have already seen, if my... where is my orientation? Can anybody find it?

Maybe you have already seen that the castle is over there, or at least what used to be the ruins, or is it over there? Where is it? Ah, there it is. Yes, there you can see the ruins of the castle. That is one of the spaces that we are going to be visiting in the coming days. We are also going to go some other places, if you just go down here, you maybe have already done so yesterday, you will see the beach. The beach where you will have Merlin's cave.

## **The Magic of Merlin's Cave**

Those who were here with us in August, I believe it was?

**Da Ambika San:** June.

**Da Jeshua San**: June? Alright, June. It seems like years ago.

**Da Ambika San**: Yes.

**Da Jeshua San**: Those, who were here with us in June, have visited the Merlin's cave then, and I will remember very vividly how we took a group of people into the cave, and as we went in, everybody was actually seeing a different thing. Do you remember that? And then we came out again, and we took another group of people, or the group went in again, and all of a sudden the sandy part of the floor, that is the floor to Merlin's cave, had changed. It had become rock. It was a completely different dimension that we were in.

**Da Ambika San**: The big rock in the middle was gone.

**Da Jeshua San**: Yeah, there was this big rock in the middle of Merlin's cave, all of a sudden that was gone. So, I know that strange things are happening here. You will also feel this probably as the days will continue. So be prepared. Be prepared for everything that you might encounter.

**Da Ambika San**: If you want to run away, do it now.

**Da Jeshua San**: Yes. Actually, different from all the seminars that we have done so far, you will notice in the coming days, that we will not do many exercises with you. This is not going to be a seminar of practicing exercises, and doing all of these things. This is going to be a seminar of finding all parts again within yourself, and making sure that these parts are reintegrated once again. But I am sure that it is going to be a wonderful experience.

So once again, from myself, from Da Ambika San here, be welcome, feel welcome, you are home with family. You are home with yourself. And I hope you will find that part of your home that are your old lives, as you walk these cliffs in the coming days.

Also, I want you to know that there is a group of people here, the Imzaia Fellowship, that will be there for you if you need them. I am no longer going to introduce them to you because you already know them, most of you, here. I think there is no one, like a couple of people here, that we are seeing now for the first time. But for most of you, you know who these people are. You know that they are very strongly connected to you. If you need anything, just ask them. They will be there. Okay?

But before we get going with anything else, I am going to do a little meditation with you. It is going to be a meditation focusing on sound, on light, and on color. Because we have been, six people of the Fellowship have been traveling through California in the last few days. Actually we arrived here, only at like 10.30 yesterday evening, Da Ambika San was already thinking that we might not arrive before the seminar started, but we got here in

time. It has been a long journey. I believe we have travelled for about 30 hours to get here again. Long flights, a long journey by car, but we got here. Even if we were interrupted by a police officer before we almost got here, we did get here in the end.

## About the Dragon Energies

We have been traveling through California, going to San Francisco, to Los Angeles, but our ultimate goal for our trip was basically the Mount Shasta. Mount Shasta holds a very special energy as well. It is very closely connected to the space that we are in right now, and the space that we are going to take you to, if you are going to do the full six days, at least, when we go to Glastonbury.

Because those of you who have been following the manifest, you will probably know about Da Shasaya San, Da Toraya San, and Da Camelaya San. Three, what used to be called Dragon energies. We now know better, we know that these energies are not necessarily dragon energies the way you will imagine a dragon, but these are energies of tachyonic, photonic service, as they would say. Tachyonic because they basically breach the dimensions, and their energy is coming from the All That Is, and photonic because they are made up of light.

Here, the space that we are in right now, you will feel the energy of Da Camelaya San. Da Camelaya San is a beautiful portal energy that will give you the opportunity to transport to all of those spaces within yourself. So if you feel this come up in the coming hours, or in the coming days, just let yourself go. Allow the energy of time and space to transport you into your own time and space, because that is why we are here. We are not here to come together all of us. We are not here to take you on a journey. You are here to create your own journey. And that is what we will do in the coming days.

So, we are in the presence of Da Camelaya San, a portal energy. We are in the presence of Da Shasaya San. That is what we just actually got back from, from the Mount Shasta, beautiful experience, especially this time of year. Yeah, you weren't there, I am looking at you, yeah, I know. The entire mount is now covered in snow. It is beautiful to see that. Actually we didn't even make it all the way up because of the bad weather conditions, and the bad roads, and everything. And then you will also feel the energy of Da Toraya San. Da Toraya San is actually the most closely connected portal energy linked to this planet Earth, and in the coming days we are going to be talking a lot about this.

But, as I was saying, we went to California, also to Shasta, to meet up with Da Lee Carroll San. Are you aware of Da Lee Carroll San and the work that he is doing? Yes, the channel for Da Kryon San, yes. As we were in San Francisco we went to two Kryon

gatherings. One was in Laguna Hills, which is Southern California. Beautiful, beautiful area, but also very weird to be there, because the sun is shining, there are palm trees and then you hear everything all about Christmas, you know? There is like these vans driving around, with reindeer on top of them, with lights and everything, ho ho ho, that sort of thing. So that is pretty weird. But then after that, we went to San Rafael, which is already a little bit higher up. And there, in San Rafael, we probably had one of the most intimate and powerful Kryon experiences, ever.

I have been listening to the Kryon material for years, already, and during that channel, Da Kryon San actually said goodbye. You might remember, in June was it, right, that we were here with another group of you, Imzaia, and we went to Mount Michael. I think it was the one to last day of the seminar or something. And in Mount Michael, the energy of Michael itself said goodbye to the Earth. Now, this is an angelic energy. Why is it angelic? Because, basically, it is one of the first light beings to be here, on this planet Earth, as the planet was taking shape. There is no difference between an angelic energy, and your own energy. The only difference is that these angelic presences have been here for a very, very long time. But then again, so have you, all of you.

## **Energies Leaving to Shift**

As Da Michael San said goodbye, we all felt the rainbow come in, if you will remember. We were on the beach, and we were talking about Da Michael San saying goodbye, and all of a sudden, we saw this huge, huge rainbow coming down, do you remember that? A huge rainbow come down, touch the Earth, was there for about two minutes, and then started going up again. And as we were driving back to Glastonbury, it must have been, we kept on seeing one rainbow, after the other, after the other, after the other. It was so beautiful, such a beautiful experience.

Now Da Kryon San is a magnetic energy, also an angelic energy. And as Da Michael San said goodbye all these months ago, so did Da Kryon San now, during the live channel. It was very, very moving for all of us who were there, to see Da Kryon San say goodbye, basically. Why? Very simple, because the energy of Earth is shifting so drastically, and these entities as well, must go, so that they can shift their energy, and come back here.

So, if you feel anything go away from you, in the coming days, if you might feel your guides, or whatever you call them, your guiding energies that are always around you, if you feel those go away, don't be afraid. It is a very natural process to be alone, sovereign, standing in your own power for a couple of days maybe, maybe even a couple of weeks, depending on the amount of time that is necessary for these energies to shift into the free energy world. If that happens, just let it happen.

I know that for Da Lee Carroll San it was quite strange to feel Da Kryon San go away. You might even go to their website. It is kryon.com, it is that simple. And if you go to their store, they have a store online. But in the store you can also find a lot of free stuff. There you can listen to the last two channelings that we have now been through, and you can hear Da Kryon San say goodbye, basically. It is a very moving, very moving and powerful message right there for you.

When we were in California, there might be those of you who are wondering: 'when are the last parts of the Cosmic Manifest going to be added to the website?' Well, we are working on those. We have actually got all of them now. We still need to find some time, however, to put them online, but we will do that, here in the hotel, in the coming days, so you can find them there.

As we were in California, we brought in two ekaraias, or two channelings. One by Da Pah Ekara San himself, who spoke for one last time, or one to almost last time, almost for the last time about the grand illusions that we have been working with.

Where at the beginning of the Mastering the Grand Illusion Series, we got a lot of spiritechnical information, as I like to call it, about Akeneic energy, and about the I Am geometry, and about all of those things, in the last seminars in Belgium, if I remember correctly, after that, there came a second part to that series, which was, how shall I say, more poetic in nature. Now that very poetic channeling - was a beautiful and moving channeling, or ekaraia - came in when we were in California. Actually you haven't had a chance to listen to it. Maybe we will do some evening activities, where we will give you the chance to come here, and just listen to that channeling in group. Because it was a very beautiful channel, or ekaraia. It was a poetic interpretation of the power of DNA, and what DNA actually is, and how it works.

I am going to let you feel that energy - I am not, because we were just talking about that in the room - I was thinking, you know, shall we just put on that channeling as everybody is here, but that is not the reason why you came to Camelot, of course. Not to sit together, and start the day listening to a channeling that was already recorded.

So, I am going to take you through a meditation that is going to give you the energy of that ekaraia that we did. It is going to be about sound, Da Pahdasan'ka Barak Solarys San. It is going to be about light, and it is going to be about color. But that is also what Da Pah Ekara San reminded us all about, that we basically exist, in a field of light, a field of sound, and a field of color. And that these are the building blocks of our own DNA. It was about the DNA singing towards one another. It was a very beautiful ekaraia. And we are going to let you listen to that tonight. So, if you want to be here, just come after - after work, I almost said - just come here, after dinner, and we will listen to that.

## Introducing Da Solarys San

Also, as you might have seen in the invitation to this seminar, there is another energy called Da Solarys San. Da Solarys San, who accompanies the Lemuaya energy - I am using a lot of names here, but if there is anything that you don't understand, just raise your hand, or talk to one of the Fellowship that is here, you will be able to get more information there - but Da Solarys San, we also received a first channeling by Da Solarys San. And that one, well, that is one that is pretty, pretty powerful, the energy of Da Solarys San, when it came in.

You know, I am used to sitting down, to just close my eyes for a minute, and then after a minute or two, the ekaraia starts, the eyes open again, and then we can just walk around again as this was happening. It wasn't so for Da Solarys San. Da Solarys San kept me in the chair all the time, with my eyes closed, probably because, I believe that those who were there, the ones of the Fellowship said, that if the eyes would have opened, probably beams of light would have come out, or something. Because it is so 'effing' intense. It is really a very intense channel. We are also going to give you the chance to listen to that.

Because Da Solarys San, basically announced that which was going to happen at the beginning of next year. You know, we have been dealing with the Cosmic, or Universal Manifest for all these months now, actually twelve months, because the first channeling came in near Christmas, I believe, of last year. So, a year has been completed. And Da Solarys San announced the beginning of next year, which is no longer going to be called the Cosmic Manifest, Da Solarys San talked about the Divinity Manifest.

Divinity, because this manifest has nothing to do with mastery anymore. Divinity, because this manifest has nothing to do with growing up anymore. Actually, what Da Solarys San said is that they now expect us to be fully grown up, and to be ready for that, which is to come. Which is, to find within ourselves again, our own divinity. So, be ready for a very powerful 2008.

You are going to be the first to be listening to these channelings, as we will also bring Da Solarys San in, that is probably going to happen tomorrow, but I don't dare to say these things, because then they just switch everything around anyway. But I hope that you will get a chance to listen to that first channel that we did in California, as Da Solarys San was coming in. Again, that was a very powerful message. It was about the shift from mastery into divinity, the shift from potential to choice. And this is basically the most important part of that message. I am going to tell you this, just , just quickly.

You know we have been learning how to work with all of these potentials, right? And by now, you probably know that we have a field of gravity, which is our body, surrounded by a

field of geometry, which is vibration and frequency, and surrounded again by a field of magnetics, which is the power of love. But also, in the field of magnetics, are all of these potentials, right? And we have been listening to channels from all over the world about potentials, how you have thousands and thousands and thousands, maybe even an infinite number of potentials, swirling all around you. And we have gotten used to working with these potentials, with just looking at them and making sure that they align, so we can walk our path.

Now, one of the things that Da Solarys San said, and I am sure that we are going to be continuing to talk about that in the coming days, is that these potentials are basically going away, as the mental energy, which is linear, that we have known all this time, is also going to go away.

## **The Difference between Mastery and Divinity**

So what then is the difference between mastery and divinity? It is very simple. You could say that mastery is about finding the power behind your potentials, but divinity is basically a process of simplification. What Da Solarys San said is that divinity is no longer about all of these millions and millions of potentials. It is about something very, very simple. It is about choice. It is about choosing. So we are shifting from a field of potentials into a field of choice. And that is basically why you are here, to learn again, how to make undefined choices. Not defined choices, but undefined choices. To go back to that simplicity that you had before you came into the body, to find all of these things. And that is what you will see, as 2008 is going to begin very soon now.

And this is also why we chose this space to close of the Cosmic Manifest. We are going to be talking about that as well, soon. But this is one of those magical spaces where timelines connected. We have the timeline of Earth, and we have the timeline of Lemuria, for instance. We have the timeline of Avalon, and all of these other, very special universes, I should call them.

This space, that we are in now, not this room, but the space, the grounds that we are in now, together with Glastonbury and actually the whole of England is one of those spaces where timelines collided, where they became one. A timeline of Earth, and the timeline of Avalon. In Avalon, or in the connection with Avalon, we were given the chance to let go of our dramas, but actually what happened, is that we intensified our dramas.

I know that most of you will probably have seen 'The Mists of Avalon,' you will have seen those books, and although they are mostly based on story, and not on real fact, you will remember that there was so much drama that went with these lives. The King Arthur life,



the Guinevere life, the Lancelot life, everybody knows about these people, and everybody knows about the intense, intense dramas that used to play out.

So, as Avalon gave us that first option to go back to a much more simple state, and humanity actually chose to be not ready for that yet, and an entirely new process of many, many, many years took place, we are now again at that point where timelines will blend together and become one. And we have the chance to really let go of our dramas. But letting go of our dramas, is also letting go of our mind.

This is a 'Meaning of Life' seminar. I know that many of you, who are here now, went through those seminars, and they were very intense. I left, as I said, for California soon after those seminars. But I know of all the phone calls that Da Ambika San has gotten from everybody who went through these Meaning of Life seminars. And I also know that many of you have been working with the power of letting go, the power of letting go of the mind, and stepping into the field of consciousness.

Although these seminars, or these coming days, are not going to be about letting go of the mind again, we are going to start, probably already after the first meditation that we will be going to be doing soon, with the final chapter of the Mastering the Grand Illusions series. And it is going to be about the mind.

But of course, Avalon was also very much mind-oriented still. So I am very curious to see what is going to come out of all of that. And for the rest I just want you to enjoy yourselves. We are in a beautiful, beautiful location. Actually it turned out a little bit differently than we thought, because we thought that this thing, that this room would actually be closed off, that can't. So, you might have other people walk in at some point, just say hi to them, or I am going to ask Da Magdalen San over there to stand as a bodyguard.

**Da Ambika San:** All the people will come in then.

**Da Jeshua San:** Oh yeah, yeah, that's right. You will just draw the people here, yeah. But just have some fun. Just enjoy yourself in the coming days. And just so you know, if you were to decide in the end of these three days that you still want to go with us to Glastonbury, and to do the Tor thing, that that is also still an option, of course. But have some fun, and share a lot of history with each other. Because I know that everybody who is here, has a lot of history to share, and some of it has been played out, right here, where we are now.

So as I said, it is not going to be about all of these exercises that we normally do, but the exercise for you, as you go through these three days, is to find yourself again, deeper than ever. Find these pieces that you used to experience here and reintegrate them.

And this, I can't give you exercises for, it is a very personal process. It is also a process that you are going to be doing as you will connect with one another, as you will look into each others' eyes, and you will see what is there. So, enjoy.

Do you want to say a few words?

**Da Ambika San**: Well, you have said everything.

**Da Jeshua San**: I always do.

**Da Ambika San**: Yes, always. I just wanted to add: feel like a queen, feel like a king. That is what you are.

**Da Jeshua San**: Can I also feel like a queen? Can I feel like a queen too?

**Da Ambika San**: Yes, of course. Let's start.

**Da Jeshua San**: Let's start. Okay. Does anybody have a question before we get going? No? Okay. Let's just get going then.

Pahdasan'ka? Oh, I just want to introduce, for those of you who haven't met him yet, Da Pahdasan'ka Barak Solarys San, who is going to be channeling our music in the coming days. It is wonderful to be working together, as I can bring in the words, he is bringing in the sounds, the music, that is always very lovely. So, we are going to do that now.

## **Introductory Meditation**

I am going to ask you, just to take a deep breath. Yes. Close your eyes. Let's focus on the I Am. I Am breathing. Just focus on I Am breathing. It is that simple. And as you breathe in, and you take in the power of I, take in everything that is all around you, that is surrounding you, that is who you are. But also understand, that as you breathe in, you don't need to take anything in. It is already there, you see?

You are a constant source of energy. You are that you are that you are. So just be aware of that, and send out that light. And as you do the second part of the breathing, the breathing out, focus on the Am. Be aware that you are creating everything around you. So I am just going to take you through that now, a couple of times.

Let's breathe in, I. Get ready to breath out, Am. I Am. I Am. Continue breathing.

We are here with family, loved ones. People, aspects of you, that you have known throughout time, and throughout space. Each of us carry a unique set of colors. We are going to focus on those colors now. I am not going to show you the colors, I am going to ask you to let your colors come through, whatever they are. Maybe it is gold, pure white, rose quartz, or green, just let them come in. And keep focusing on the I Am breathing. I Am breathing. And as you bring your own colors in, whatever they may be, let them flow, connect to all the other colors in the room, all the other hearts in the room. And they connect to the wood that is all around you.

Feel how this wood is glowing, just recognizing you. And let them go into the Earth. And feel what happens there, when you bring your colors into the Earth. There is a welcome. Welcome. Welcome, says the Earth. Welcome back. I remember you. You have walked here before. You have taken these colors with you and spread them throughout the Earth everywhere. Now you are here to bring them back.

## **As You Grow, So Does the Planet**

Life is so simple really. Wherever you go, wherever you step, you are the master. Hmm. Do you feel that mastery, children of the Earth. Do you feel why you came here? Do you feel why you are born into this planet again, and again, and again. Every single time, taking with you a piece of heaven and bringing it here. You are here to assist the Earth, as you have assisted all these other planets in their process of maturity, becoming mature. And as you grow up, so does the planet.

So, put these colors now into the Earth. Just let it happen, just let it happen. Maybe you are not used to working like this, experiencing this, but you are in a safe place. Family surrounds you, and as your colors blend with the ground underneath your feet, I am going to ask you to invite your guides to come in.

Something is happening here. Are you aware of this? Your guides, those that you have seen as these unseen forces, they are sitting all around you. They are not just these things, you know? I want you to know that your guides, are the people, aspects of those people, that are sitting all around you now. Maybe you want to connect to them, you can, reach out a hand if you want. Or don't. If you want to, just reach out your hand to the person sitting next to you. Keep your eyes closed. Feel what this does to you. Or just put your hand on the shoulder of the person sitting in front of you. What happens? Do you feel, do you feel that these are the people that have been guiding you as you walk on the ground of Da Gaia San?

And with the colors come the lights. For these colors would mean nothing, if they aren't powered up by the light that is within you. So bring the light into it now. There, golden light. It is not pure white, is it? There is a golden aspect to it. That is the divinity, right there. That is the divinity. And in that gold reflections of rainbow. All those colors, powered up by the golden light.

Let it flow through this room and touch all the people. Let it touch the wood. Let it touch the stone in this room. Let it touch metal, anything. Bring in that light and send it into the Earth, send it into the Earth.

Before we go on to sound, we are going to do a little exercise in the power of the moment. I am going to ask you to focus on the fact that as you send things, color, light into the Earth, that you are basically sending it into yourselves, for you are the Earth. The Earth is your extended body, together with this universe and all the universes around it. It is your body. You are the Heart of All Things. So you have the power to very, very quickly send light all over this planet. All you have to do is send it deep within. Do you feel the planet in there, in your center? Do you feel it? You are the universe, do you feel that?

So, let us start focusing on our hearts and bring in golden light. It is becoming bigger. It is filling up your entire body. And as it does, and as it does, it is filling up the planet. It is touching the trees, and it is touching the rocks, and the animals, and the oceans. Let that happen.

## Da Gaia San

A question comes up. A question from Da Gaia San herself. It is a very simple question. Three words: "Are you ready? I am pregnant," says the planet, "pregnant with a new type of consciousness. I am ready to bring forth this consciousness, but I need permission. Will you be that permission? Will you?" Just give that 'yes' deep within, that affirmation. Send that powerful 'yes' into the planet and let her know, that you, as a carrier of new consciousness, are ready for her evolution. And feel what happens then. Feel what happens. Do you feel the joy being reflected back at you?

"Thank you, thank you", says Da Gaia San.

**Da Gaia San:** Thank you. I offer you nature. The beauty of my trees, of all my life. And I, Da Gaia San, want to remind you, that you are my artists. You are the sculptors of the sky, and you have done such a good job. Hmm. You have created these clouds, and all those shades of blue to comfort you. Do you remember being the artists that created all of this?

And then, when you finished with the sky, you created the land. Do you remember, that one favorite space that you have on the planet that you like to go to sometimes, you created that. The cliffs nearby here, you created that. You are the artists. The shapes that are around you, you created them. So how, how can you be caught in them? Allow the shapes to run free. Allow the shapes to be what they want to be. Allow that to happen, just for a minute, and see then, how the Earth can be. See what can happen, if you just trust Da Gaia San, if you trust her to take care of your heart, of your creation.

As the first angelic beings came to this Earth - and you were there as well, you were part of that - the Earth was given form, remember? Form. And form was undefined, anything could happen to it. It was not stuck. Allow that to happen again. Allow forms, allow the painting, the sculpture that is this planet, that is this reality, to flow. What happens when you see a tree and it responds to your presence? For this, my children, this is the way things are meant to be. You create something, and then you experience that creation, then the creation changes because of your experience.

I want to bring you back now, for a minute, to Lemuria, the land of Mu. Just see what happens there when you connect to a tree. What happens there? Do you see the shapes of the tree changing? It can turn into anything. That is the land that you used to walk in, the land of Mu. And with every footstep, master, the land was shaped around you.

Do you remember talking, communicating, playing, loving the animals? Do you remember a time, when animals would not attack you? And as the lion, from such a distance away, would start running towards you, it would not be to attack you, it would be to hug you, to play with you, to connect to you. And as you connected to that lion it would show you everything that it had seen. That is the power that still lives inside of you today. So put some light into that, put some color into that.

## **Bringing in the Sounds**

And now we are going to put some sound into that. Sound is vibration, you see? Everything around you is based on vibration. So I want you to hold that vision now, that vision of Earth, that vision of Earth, taking shape as you walk on it. It is a natural state, it is a natural state.

We are going to reactivate that type of Earth, alright? And we are going to do it by focusing on the simple sounds of the 'o,' the 'a,' the 'e,' and the 'i.' The 'I' that will create the I Am all around you. So let us begin. Take a deep breath.

Ooooo...

Yes, send that right into the Earth. And let's go higher.

Ooooo...

Yes. See what that does? See what happens there? How the Earth shifts and changes under that vibration? That is you doing it. It is you doing it. Now we are going to go into the a.

Aaaaa...

Take it up, take it up into the higher a.

Aaaaa...

Do you feel the colors that are coming out of you, as you do this? Flowing into the Earth, and flowing back into you. Let us take it up into the e.

Eeeee...

And go up again, go higher.

Eeeee...

Let's take all of that straight to our hearts and create the i.

liiii...

Let's get ready for the big one now.

liiii...

Wonderful! So stay in this moment. Stay in this moment, and all the sound that you just created, and all the light, and that color, feel what that is doing to your DNA. It is activating your DNA, it is activating your DNA. Sound, music, builds up again, and your DNA starts to sing. What does that feel like to understand, that your DNA is singing? As it sings, it is not just singing in sounds, it sings color as well, harmony, light. Let your DNA connect now, and bring in the power of the Great Central Sun.

What happens to the elements? Earth, wind, water, fire? Do you see there is a fifth, a fifth one? That's you! That's your DNA. That's your consciousness. You are the fifth element,

and the fifth element shall be love. You are the fifth element, and the fifth element shall be joy. You are the fifth element, and the fifth element shall be freedom.

And so it is.

## Da Pah Ekara San

And so it is!

Greetings, my beloved, I am Da Pah Ekara San, sovereign servant of Free Energy, cosmic being, brother and sister to you I am, mother and father to you I am, as you are to me.

This is a sweet space that we are in. Oh, I am not just talking about the land. I am talking about the heart space that we are in. It is an honor to me, to all of us, to all my brothers and sisters, who are here with me right now, those that you would call Da Ojadasan'ka Adamus Valen San, Da Ejakasan'da Kuthumi Valen San, and all these others, Da Hana Satya San, and all these others, to see you sit here on this sweet place, on this beautiful place. And to see, that you have chosen now, that you have chosen to change the face of the Earth. Oh, I want you to know, that I was with Da Gaia San just now as you, all of you, were giving her permission to activate that consciousness once again, as you were giving her permission to give birth to that fifth element and forever changed the face of All That Is.

It is true, that at a certain point - and that point is now - there won't just be the elements of earth, and water, and sky, and fire. There will be a fifth born into the planet. That is consciousness, that is divinity. Why? It's very simple. The great shift is this, dear master, the great shift is this: that the human being walking on this planet Earth will no longer be a force of destruction, but that it will be, again, a force of creation. Just like the Earth, and the sky, and the element of water, and the element of fire, has been a force of creation, so, too, can consciousness be a force of creation.

And this is what you are manifesting. This is what you are doing as you are bringing in your heart into the planet. You might think, you are just a small group of people. You might think, that you are unimportant. You are not. You are more powerful than you think, and your creative ability is infinite, and this now is what is happening.

So, Lemurian, are you ready to wake up yet? Are you ready to step out of the dream and step into another? Only this time the dream won't be a prison. Only this time the dream will be truth. Universal truth, and universal love, and joy, and freedom. That is the power of the dream, that lives within all of you.

I just had to get up and stand here in between you. I just wanted to feel what you are feeling. I wanted to be there as you activate the fifth element, probably for the very first time in hundreds of years. Another element coming to this world with the power to create reality, no longer having to seal itself off because of danger.



And it is true, that the human being has endangered this Earth. It is true. It is true, that the human being has brought this Earth, Da Gaia San, to the brink of destruction, yes. But I hasn't happened, has it? It was built-in, you know, it was built-into the paradigm that the Earth might destroy itself because of human consciousness, which wouldn't be ready, but that hasn't occurred.

So, Lemurian, here you are at the beginning of the fifth cycle. Yes, the fifth cycle. Of course, they can't really be numbered. It is not that you step through cycle one, and then cycle two, and then cycle three, and then cycle four, and then five. They are all blended together, they are all part of each other.

## About the Cycles of Earth

So, what are these cycles then? Let me tell you. The first time that the human race, which is angelic in nature, stepped into the planet Earth, it was to create the power of fire, and that is what you carried within you as you walked here, the power of fire. And so it was, that the earth was a molten star, and you took your vibration into it, your fire, and you created the fire of the planet. It took you about 144'000 years to allow the concept of fire to be here, fully on this star that you are sitting on right now, this star that you would call a 'planet'.

That was the first cycle, was it not? To be born into this planet, to be a part of it, and to take the notion of fire, which is an element of creation, and to take that into the planet, and let it become one of the building blocks.

And then the second cycle came. You might think, as you look back into your histories, you might think, that you destroyed yourselves at that point, but this isn't true. You had to leave the planet, you see, to let the fire become manifest completely and fully. You left the planet, all of you, all of humanity, which at that point would still be called 'angelic', would still be called 'divine'. You left the planet, but you came back to start up the second cycle, which would be the bringing in of the element of earth.

So you lowered the vibration of the planet, and you created a planet which looked a lot like your Moon is looking now, or like your Mars is looking now. Dry, without any atmosphere, without real life. But it slowed down, it became solid. That is what you did. And this took you another 144'000 years.

Oh, yes, oh, yes! Why 144'000? These numbers have meaning, you see? All numbers have meaning. Numerology is that, which you are based upon, and any number that we would speak of right now, carries with it a certain tone - sound - carries with it a certain

color, and light. So, a cycle of 144'000 years then, would be a nine, would it not? Completion. Beginning with the one, and ending with the 144'000. New beginnings and a completion.

So, the second cycle that you went through as you were here on this Earth, you brought in the concept of Earth itself, which is what you are calling it today, still. This was indeed an important piece of the puzzle, to bring in the earth into the Earth, which is about grounding. Oh, you all, in your spiritual journeys, you say to one another: "it is important that you ground, you have to be grounded." Yes, but being grounded only means being aware of the notion of slowing down, the notion of stillness.

That is what you did as you took into the Earth this second cycle, when you brought in the element of earth, you slowed down everything. And that is, when basically began that, which you call 'linearity.' As you took this element of divinity into the planet, Lemurian, as you chose to make this your home, you slowed things down to such an extent, that you would create the concept of not only space, which is the element of earth, but also fire, which is the element of time.

Maybe you don't understand these things yet completely. How can time be related to fire, to light? You don't need to understand them fully. We have several days together. I will make sure, by the time that you leave you are changed and ready to understand this knowledge. This is Lemurian science, you see? It is not about numbers, for the number is always one. The number is always one, even when it is a nine. The number is always one. Any number in Lemurian science will always go back to the one. The nine cannot exist when it is separate from the one, for within the nine, there is the one, you see?

So, as you came to the Earth, first to create the first cycle, which would be fire, and then to create the second cycle, which would be earth, you slowed down everything. And I'm asking you now to experience this again, not just to listen to the words but to really have the experience, to really energize this within you, again. You have the ability, you know? You can do this, you know, Lemurian, Atlantean, Avalonean, you can do this.

And after these 144'000 years would once again be over, again humanity chose to leave. And you don't even know the societies that came and went in these grand cycles of existence! How can I, Da Pah Ekara San, tell you about a civilization that was based, that was here, when the Earth was not yet solid? How can I tell you of these things? How can I make you aware of them again? It has to happen to your dreams, does it not? So, you will dream of these things.

I know, that many of you have a tendency to fall asleep anyway, as I am talking, so you might as well dream about something that is interesting, right? And should you happen to be remain awake during this ekaraia, oh, then you will dream at night! Then you will dream

at night. But I will tell you one thing: If you dream dreams of truth, which are part of your own history, even if you don't remember them, you will wake up fully energized! So that is how you can recognize a dream based on truth instead of fear: you wake up energized. You wake up ready, ready to create again.

## **The Element of Water**

And then, as you left the Earth again - and these are the magnetic pole-shifts that took place - as you left the Earth again, again you prepared yourself to come back in, and you took another attribute, another aspect of the divinity. That time you took water, the element of water. And the seas were created. And you lived within the seas. You built societies within the water. Do you remember that, Lemurian? Do you remember being born into the water and living there, energizing that space and giving that present to Da Gaia San? It is a third cycle. And you did it again for 144'000 years, which to me, and to so many others, would be the blink of an eye. One moment you are there, and then you are gone, and then you are back again.

You might think, that when you die and when you choose to leave the planet, that you go back to this space that you call 'home', the divine centre of all things. That is not true. Let me tell you this: You only do this as a oneness. You must understand these principles now, because they will become very important to you in the coming year. As humanity chooses to be on the planet, and as you choose then to step away from the planet as a person, a personality, you don't go back into the Great Central Sun. You just reincarnate again, and again, and again. If humanity, as a whole, leaves, you do it in totality, you see? You never do it just one after the other. You do it in totality, and you do it once every 144'000 years. That is the amount of time that you stay on the planet and work with the same paradigm, work with the same energy. Do you understand this? And that is amazing, to see you do that.

And then, after you had fully energized the water and you left the planet, you left Da Gaia San, to settle down once again, you went back and took another element. You took the element of sky this time. The element of air. So you came back here, ready for what you thought was going to be a full experience. For now, there were these elements of light or fire, and air, and water, and earth, and so you built civilizations again. The first one that you built was Lemuria, and you walked around very close to the shape, the form that you have today, a human form, although your body at that time was still based on a hologram of light, not on matter as you have it today.

And then, that civilization had to go to make space for another: Atlantis. And I will talk about this in a minute. There is an important message waiting for you here, about Atlantis.

And so, you created another, after Atlantis: it is this one that you are sitting in right now. I'm talking about the major ones, I'm not talking about the little ones. There were times when you had small experiments happen on this Earth, in these 144'000 years. I'm just talking about the three major ones now. Let's call this 'modern society', 'western society'. That is, what it is. You ended up westernizing the entire planet, did you not, Shaman, Lemurian?

And so, at the end of this 4<sup>th</sup> cycle you have come, you would think, that humanity would be ready yet again to leave the planet, in what your scripture knows as 'ascension.' It is the moment when humanity decides to leave en masse to allow the Earth to fill up with all the experience based on the element that you brought in then. Let us just say that it was air, this last time around. You know, that air is the element of 'e,' and you know that it is in the head, the head kakra, that the 'e' takes place in. This is why you have been in your head so long. Civilization after civilization, after civilization, you have been thinking thoughts, because that is, what this element of air is all about.

However, in Lemuria you still remembered that these thoughts had a certain power of creative ability, and that they had the chance to be undefined. In this western civilization that you have now, you have forgotten about this and you defined thought after thought, after thought. We are going to come back to that, as well.

So, you would think, wouldn't you, that now that this cycle of 144'000 years is once again complete, humanity would leave, en masse, ascending back to the Great Central Sun and what lies beyond that. It's not going to happen that way!

For a year now, those that you have called the 'Cosmic Twelve' and so many, so many others, have spoken about a process of incension, in-scension, and it is happening right now on this planet Earth.

## **The Element of Consciousness**

So, as a new cycle begins, as you are preparing to bring into the Earth a new element of divinity, which is consciousness, you have decided this time to stay, or should I say: the Earth has decided to let you stay, for Da Gaia San knows, that there is an opportunity here. Da Gaia San knows that if you can manifest walking around with not just four elements within you, but five, without leaving and coming back, that the process will be sped up. And I am telling you, that this fifth cycle does not need to take 144'000 years. That is incension. You know how long it needs to take? One moment. One heartbeat. One breath. This entire fifth cycle is based on one breath, I Am breathing. That is why it is becoming so important to breathe. That is, why it is becoming so important to just be here

now. That is why you are getting back so much information, so much, that you have known before. One moment, to activate, not just mastery, but to activate divinity.

And you will have time in the course of 2008 to find that moment. “Is that truly what this entire year is going to be about, Da Pah Ekara San, to find a moment?” Yes! It is all you need to do. Isn’t that easy? To just find within you that one moment of incension, where you activate and bring together all of these elements: number one, number two, number three, number four, and now number five: consciousness, to just blend these things together and to activate within you the full source of divinity. That is why very soon, I will be accompanied by Da Solarys San, which basically is the Central Sun of Central Suns. But this is what you are bringing in, as your divinity re-emerges within you, once again. You bring in the Center of All Things, the Heart of All Things, and now the planet is ready for it. It is ready to carry that magnitude. It is ready to carry that power.

And believe me when I say: This is not the first time that you have done this. Eleven times before you have done this. This is the twelfth, and this is the final one. I cannot tell you what lies behind this. I cannot tell you how things will be when this is done, because they will be free, you see, free. Anything can happen, really, at that point, but you will walk on this planet in mastery. And the trees will once again sing your name, and they will once again show you your colors, as the leaves will know who you are. As the roots will be filled up with your energy, and that will be the life-force flowing through the tree. It won’t be necessary to have the cycle of life and death then, will it, if you have this eternal energy life-force flowing through all things.

So, beloved Lemurian, this then would be a completion taking place. But before you are ready to do that, I must bring you now a message about the mind. “Oh, God, there he is again!” Yes, hello. A message about the mind, but in a different way than we have done before. Before you can step into this fully, you must understand something about the mind. And it is very simple; this is it. Are you ready? It is not going to go away. And this is, what you need to learn.

## **The Free Energy Mind**

How can you, who have worked with the power of consciousness coming into you now understand this, that the mind will always be present? Well, it is in the sentence itself: The mind will always be present. The consciousness, however, will always be now. So it is then the mind, that is creating the present in the power of the now, which is consciousness. And this is, what the Lemurian knew, that the mind is a, let’s call it a ‘translation device.’ So, what I must give you now is a message that shall be called ‘The free Energy Mind’. It is going to be a long one, so if you want to pee, you better do it now.

The free energy mind. You have taught yourselves, and we have helped you in these teachings, that you need to redefine the way you look at the mind. But what has happened to the Imzaia, what has happened to many others on the planet? They have started to hate the mind, to see it as this negative thing. And that was necessary, it was necessary for all of you to see the mind as this negative thing to get away from its grip. But the mind, in essence, in all neutrality, isn't that negative. You know this. It is basically - as I said before - a translation, or a translator, for consciousness to come in.

So, how now must you start looking at this concept? You see - and this happens a lot on your planet - if somebody will hate you, you will hate them right back, if you are in a state of mind. If there is a type of racism on the planet, you will create hatred back towards those who would be racist. Now, you could say, that the mind is racist. It didn't want to co-exist with consciousness, and that had to do with Atlantis. And again I ask you to wait and be patient. I'm going to take you back to what happened there in just a moment.

So, if the mind separated itself from consciousness now, and if it did indeed create the separation, then those that would have to get out of the mind, would have to do the exact opposite, would they not? They would have to separate themselves from the mind again, and this is what you have done in the course of 2007, as you stepped into your mastery. You have separated yourselves again from the mind, and you have begun to see the mind as this thing, this negative thing; ugly, clingy, needy. And that was necessary (hehe).

And now I'm here to tell you, that there is a way to reintegrate all of it. That is what your three days are going to be about: reintegrating all of it. It must give you comfort to know, what your three days are going to be about.

How do you do this, then? How do you finally manage to blend all of it back together? Well, let's talk about the mind, and let's talk about how mind came to be the way it is today. I'm going to have to take you back to the days of Atlantis. I'm not going to give you dates, dates are not important in this case. I could say that Lemuria was founded over 50'000 years ago. Oh, wonderful news. What does it mean? It means nothing. It is in the past. That it was there, that is what is important.

## **The Creation of Atlantis**

And near the end of Lemuria - I am talking now about the last 10'000 years of Lemuria - another continent came into existence, or let's say: another way of life came to this planet. It was a way, where things were no longer seen as coming from within you, but things were seen as coming from without, the outside of you coming back into you. This thought created Atlantis, that it would be possible that things weren't just coming from the inside

out, but that things could also be coming from the outside in. It is a totally different, reversed way of looking at reality, is it not? That thought created Atlantis.

And so, a race of beings stood up, that in the end, after a couple of thousand years, would forget, that they are the source and the Heart of All Things. They would forget it completely. There would be a little memory left, however, but it would be buried so deep in a little seed, that you are now calling the 'Akene'. What you have done in 2007, is to give this seed water again, the water of consciousness, so that it again can start to grow. Do you understand this?

This society, that you are in today - let's call it 'western society' again - is a direct result of Atlantis. It might have destroyed itself three times, Atlantis did, and then you could say, this society you are in now is a fourth manifestation of Atlantis, only you are no longer calling it that. However those in power that would rather know, that you don't know that they are in power for real, they still remember. And they still read the Atlantean scripture. They are those you would call the 'illuminati'. They still know about the Atlantean scripture, and they still follow it to the letter today to make you believe that everything is coming from the outside of you. That is Atlantis.

So, right near the end of Lemuria, this continent came to be, Atlantis, and with it came the notion of mind. The mind is born - at least the way you know it today - when you fully believe, that things are coming from the outside of you, and they need to come within. Mind and the concept of need are basically the same concept. Mind is always looking for the next thing, you see, to fill itself up. It is always looking for the next part to complete itself. That is an Atlantean concept, right there.

But, actually, this doesn't have to be negative. It doesn't have to be, that it is a bad thing to look for another aspect of creation. What happened then, in Atlantis, after many thousands of years, when Lemuria was already long gone? A new concept was born: Ascension, for the knowledge was coming back. The knowledge, that I have just given you about the five cycles, about the elements, and how they were born into the Earth, that knowledge is what in the end would bring down Atlantis. When that knowledge came back into the Earth, the Atlantean had one great desire: to go back to the Great Central Sun.

At first they believed, they were doing good, you see? It was a good motivation to go back to the center of divinity. And you would say, that this is indeed a good motivation. What they forgot, was that the center of divinity was within, not on the outside. So a small group, actually, about let us say 1/5<sup>th</sup> of the Atlantean civilization, started focusing on going back to the centre of divinity and seeing that centre on the outside of them rather than the inside. And they began a spiritual journey. A spiritual journey that would, in the end, take them away from all that was around them. And as they learned more and more things about the nature of the universe, and about the way things really are - and the things they

learned were based on truth - they started separating themselves further, and further, and further, from the rest of Atlantis and they started seeing the rest of Atlantis, the other Atlanteans, as a lesser evolved race, and they turned it into a slave race.

So there you have it: 1/5<sup>th</sup> of a civilization seeing themselves better than all the rest of the planet. Is this not what you have done, white man? Is this not the same way, seeing yourselves as better than the Indian, better than the African. It is the same process all over again and could have gone the same direction. Only, it didn't, this time. This time, the insights came quicker. Da Gaia San helped you there to bring the insights. The memory of the planet still knows what happened back then, in Atlantis, so that it wouldn't happen again.

But the process is similar: racism. The spiritually evolved Atlantean was kind of biased, racist, towards the other ones, who didn't have a full set of activated DNA, who didn't fully comprehend who they were, who couldn't just scan a person with a thought, who couldn't just materialize things in front of them, if they had the need to do so. So they saw themselves as better.

## **A Rupture in Human Consciousness**

At a certain point this group of about 1/5<sup>th</sup> of the entire continent of Atlantis found the way to ascend. 'The way out', they used to call it. And so, instead of sharing that way with all the others, they chose to keep it for themselves, and to do it. And so it happened that a group of about two billion beings - that was 1/5<sup>th</sup> of Atlantis, back then, 2 billion beings chose to leave the planet and let the other ones stay, leave them behind. And they did. The ascension happened and as such, a rupture was born. A rupture in human consciousness, for consciousness, which is one, could not understand this principle, could not understand, that the one would suddenly become two, that there would be one who would be fully immersed in the Great Central Sun, and then another aspect of itself, a two, that would be still here on the planet. You know now, how these cycles go, and you know that humanity ascends en masse, fully and completely, or it doesn't ascend at all. That is the way it works. And those who have gone before you, my beloved Lemurians, those like myself, or like Da Ojadasan'ka Adamus Valen San, and others - even when the ascension process happens, we chose, to stay here, and to make it our own sovereign service to you, to give you all the information that is necessary, to do it yourselves. The Atlantean didn't do that. So the rupture came. And this is how the mind was born.

Now what is the energy of mind based on, then? I am going to tell you something that you don't like. It is based on these two billion beings, parts of God also. The energy of mind is nothing more, or nothing less, than the joined force of two billion ascended beings. Are you



still following? Do you understand what this means? This means, that now you know where the thoughts are coming from. I have told you, that the thoughts that the mind creates are not coming from you. I have told you, that these things come inside of you and create the patterning that you know as 'conditional life'. They are coming from these 2 billion Atlanteans that ascended back then, and ruptured themselves away from the rest. You are the ones, sitting here now, that stayed behind.

So, please, I'm asking you to let go of your guilt about Atlantis. You are not the ones that created the rupture. You were part of the slave race back then. Do you understand this? All of those that stayed behind were part of that slave race, and from that race the western civilization grew, the western human.

When this ascension of the 1/5<sup>th</sup> of the Atlantean race happened, great fires, great tsunamis, great earthquakes etc., came to the planet and basically destroyed Atlantis. The survivors, which are you, created society anew. And at first a telepathic link was still there, you see, between the ascended ones and those that stayed behind, that were left behind, I should say. But in time it was forgotten that this is basically a type of communication, that thoughts are telepathic communication between those Atlanteans that went, and those that stayed. So your thoughts are literally coming from a collection of two billion beings who got stuck in the translation device, so to speak. For you see, it is impossible to go away, it is impossible to create full separation. That cannot be done. How could it? There is only one. So, the illusion of separation can be created, yes. And that is what happened. You are being fed thoughts by those who went away then.

## **It is About Forgiveness**

So, what then is the free energy mind? It is very simple. It is about one word, and I will tell you the word, Lemurian. It is about forgiveness. The way to heal the mind is forgiveness. And I have incarnated on this planet before, calling myself Jeshua ben Joseph, talking about forgiveness. I have been here as Kwan Yin, talking about compassion and forgiveness. I have been here as Krishna, talking about forgiveness, and I have been here as Arthur, talking about re-blending the mind and the heart: forgiveness. And so many others have been here, telling you, that the only way out of this is forgiveness. It begins with forgiving the other, but in the end it will go into forgiving the mind for what it has created. Do you understand this? If you can find this type of forgiveness, then you have found the moment that will blend all of the elements together and that will lead you into divinity.

Incension is about bringing it all back together, you see? You need to forgive what was done to you. You need to forgive the mind, for it is a reflection of those, that tried to tear

themselves away from you. And you might be hurt still, that this was done to you. It has shown up time, and time, and time again in that which you call 'western civilization'. You have seen a section of the people that made up your civilization, either trying to separate itself, or you have seen them destroyed, like the Jew was destroyed by the Hitler, or like the African was nearly destroyed, or like the Indian was almost fully destroyed. This is a pattern that keeps happening again, and again, and again on this planet, and I'm telling you, it will happen again, unless you heal it. The way to heal it is forgiveness.

So then, you need the last step to find your mastery. I have given it to you. It is that simple. What will happen, if you do indeed end up forgiving what was done to you, so long ago? The mind will be still again. A stillness will be born again. The mind will become this tool to create from the consciousness of Now the present moment again. And there will be no more past, and there will be no more future. Only the present moment, infinitely present, infinitely available, infinite power.

If this is done, if this forgiveness is manifested from your soul, from your hearts, you will see, that this means bringing the fifth element into Da Gaia San. This is what she is waiting for. For you see, consciousness never holds a grudge. Hit me, and I will show you my other cheek, for I know no pain. I will have no grudge because of the fact, that you might have hit me. For how can I suffer pain if my cheek, and the hand that might hit me, are not separate? It is like saying: I am using my left eye to hit my right eye. How am I going to do that? It's impossible. They are part of the same one, you see?

So basically, this entire Cosmic Manifest - and there are still a couple of messages to come before we end it, in a couple of days - is all boiling down to forgiveness. What an interesting concept. In order to forgive the mind, which will make it free energy again, which will undefine it, you first have to find all the aspects in you that you are still holding a grudge towards.

You don't particularly like yourselves in your space that you called 'personality' or the 'identity'. You are saying, that you are too fat, or too thin, too smart, too stupid, too whatever! Always something going on with the personality, something that is not working correctly, either it be a disease, or it be your level of intelligence, or be that your body might seem ugly to you, or your deeds from the past, you might have a problem there, whatever it is. Everybody who is still on this planet today, and is in form today, holds a grudge towards him or herself, somewhere.

Now you might think that this isn't true for you. Think again. You will find it. Just stand in front of the mirror for five minutes. You will find what you don't like about yourself. You need to forgive that. And when you have found that forgiveness for yourself, then you need to start forgiving your brothers and your sisters. Begin with those that pained you, that have hurt you, that have brought you down. How do you forgive them? By bringing them

up. It is that simple. If somebody has brought you down, or tries to bring you down, all you have to do to make it go away is bring them up. Instead of judging them, instead of separating yourselves from them. Bring them up, give them love, love them. 'Love your neighbor like yourself,' I like to call it. It is that simple. Love the one that would hurt you, like yourself. But in order to do that, you first have to love yourself. So first you have to forgive yourself, then you forgive the other, and then you forgive the past. That is the way to find that piece of Atlantis back within yourself. First you forgive you, then you forgive what is around you, and then you forgive what was done to you as a whole.

Now you might think that it will require all of humanity to do this. Think again. It just requires 144 in twelve different dimensions, which then creates the 144'000. I know it seems illogical, these numbers, but they are not. Not if you are thinking in infinity. You will see the result that this has, and as you know there are way more than 144'000 doing this on the planet right now!

As this message is being presented to you, and it will flow to all of these others that will be listening, or reading it at a later time, it is also being presented by others on this planet, and towards others, not just by me. Right now, Da Ojadasan'ka Adamus Valen San is in Peru somewhere, giving the exact same message. Right now, Da Ejakasan'da Kuthumi Valen San is speaking through a guru somewhere in India, who doesn't even know the concept of channeling, and he is saying the exact same thing. Right now, the president of your free world, Bush, is looking at a cat and the cat is channeling: meow. But in that meow there is a lot of love.

And I will tell you this, dear human, dear Lemurian: he doesn't understand what is happening to him right now, but he feels the power of forgiveness from a cat. Do you know what this will do to him? I am going to tell you this: all meetings for the rest of the day, for Mr. Bush are going to be cancelled, because he is going to cry about a cat. And I'm not laughing, I am loving. I am loving the fact that a cat would have this effect on a person.

And on so many other places in this world, so many other things are happening right now. Channelings, people finding what I'm saying right now within themselves, all of a sudden. And you know, who gave permission for it? Those that sit in the chair here, those that took the time, to give the Earth permission for a next step in her evolutionary process. They are sitting here in front of me, they are listening to me. They are reading these words, and they are sitting in other places on this Earth. You know how many there are? 1'444'144. That is the exact number of people on this planet right now, who are experiencing this. And in that, there is beauty. In that, there is simplicity.

## Mind is Ready to be Still

What will happen now with the mind, as it is becoming ready to be still again? You know, what stillness is, don't you? It is going beyond vibration. Now I have told you, and others have told you before me, that the mind is limited in such a way, that it only works with 12 frequencies instead of 144, and that each one of these frequencies exists within one vibration of you, and you carry 12 vibrations. What is happening is that as you begin to forgive the mind, you allow it again to be part of your full being, so you are going to bring the mind into a set 144 frequencies instead of 12.

And that, my dear Lemurian, is the only difference between mental capacity and consciousness. Consciousness exists on 144 strands of DNA, or 144 frequencies, no matter what you want to call it. The mind is a compressed version of this, being allowed to exist only within 12, instead of 144, and then within that 12 there is even a separation, as you know, that your DNA strands are only two, biologically speaking.

So this is, where the entire Cosmic Manifest, and so many other types of information on the planet today, are leading you now. This one simple moment of forgiveness. All the knowledge, everything that you thought you had to memorize, think again. You don't have to memorize anything. All we did, as we were bringing in all this cosmic information, was to lead you to a place, where you would be ready to forgive. Isn't that, what love does? Isn't that, what animals are doing on this planet? Isn't that, what you are doing on this planet?

That is why you have experienced this month of December now, as a moment of integration, a month of integration. It is still going on, and I am telling you, it will probably still go on for a week or two. And December is going to be over, and you are going step into the final portal of incension, which is going to be January, beginning on the 1<sup>st</sup> and ending on the 28<sup>th</sup>. As that happens, you will find your stillness.

I have told you, that you would have a moment where all of your guides, all of them, will appear to be gone from you. It is going to happen in January. All of them will be gone in just a moment, all of it, that, which you have called 'ascended master', that which you have called 'guide,' it will appear to be gone completely, wiped away. And you will feel a moment of aloneness.

As I have told you in my previous message, which some of you still have to hear - most of you still have to hear - that moment, that we are going to withdraw ourselves from you, that moment is what will allow you to look at yourselves fully in the I Am presence for the very first time. It will appear as just a blink of an eye moment. To us it will feel like an eternity. To you it might feel like looking a cat in the eye and feeling forgiveness. Of course it is not the cat that is forgiving the president. It is the cat that is allowing the president to see the I Am

reflected back towards him. That moment comes first for him, because we want to bless him, and we want to love him, and honor him. It is the same higher self that has played other rolls in your world, that you would know by names such as 'Hitler', and so many, so many others. It is the same higher self of that angelic being, that you would name 'Lucifer'. It is the higher self of an angelic being, that we indeed bless, and that we indeed love.

For how would it be possible to create forgiveness, if the events that took place on this Earth hadn't? You might look at the 2<sup>nd</sup> world war and you might think, that this world war was a negative event. You might think, that the 9/11 event was a negative event. It wasn't! It wasn't. It allowed you to become discontent with the way things were going. And it allowed you to grow, to stop looking at the materialistic things around you, and to start looking deep within. You were here, some of you were here on this planet, when the 2<sup>nd</sup> world war took place, and afterwards you said: never again. We will prevent this type of event from happening again. And then 9/11 came, and then you said: never again.

## **I Can Do Better**

What these things did, confront you with yourselves. "Is this the world I want to live in?", you asked yourselves. And the answer, dear Lemurian, that came back was, "No way! No way! I don't wanna live like this. I can do better." And then you started to discover again the power of creation. It began very simple with films about creating your day, hurray! And then it turned into something bigger, as you are becoming aware, that you are creating the moment. This moment is being created by me sitting here, but also by you listening. We are creating it together. Do you understand this?

So, now you know what to do with the mind, and how to bring it into free energy. Now you know that you are at the edge of a new cycle of existence, incension on this planet Earth, and it will last for a moment of infinity. Now you know, what this entire thing that you call the 'planets', that you call the 'universe', that you call the 'cosmos' has been about: bringing the five attributes of divinity into what you call 'the field of experience,' to experience them fully, so that God might know God, so that God, which is you, could separate itself in all of its little attributes. It is what you would do, if you were to choose to separate all your likes, and all your dislikes, everything that you are, and that you are not, every thought that you have ever had, every moment that you have ever had, you separated them into little pieces of you, little versions of yourself, to begin experiment. What would happen, if all of these pieces interacted with each other?

Imagine, as Da Ejakasan'da Kuthumi Valen San has told you, a not so long time ago, actually, that you have in your mind, in your head, all these little prisons that is you, trapped inside of a moment, where you defined yourself every single time, remember?

Remember how the color purple was used by Da Ojadasan'ka Adamus Valen San, to allow you to melt the prison walls away. This is what is happening en masse. The prison walls, that are separating you from each other, are melting away. It is that simple.

So God is blending with God again. And that is love. That happens when you love. That is the emotion, or should I say the 'feeling' of love, happening to you, happening with you. And you felt this, even conditional love. Conditional love you have felt for one person. or the other. The only difference between conditional love and universal love is, that you think, that you are feeling love for a person, a being, an object, a situation, while it is happening for everything at once.

We have told you about akeneic energy and we have told you about giving somebody a hug. That person might die later on, and you might feel a loss, because you think you will never experience the feeling of love that you felt in their hug, remember? Then I told you, that in akeneic energy, a moment of divinity, flows through the entire time line, back and forth. So that love is always available. What conditional love does, is make you believe you are feeling it for something, or someone separate from you, while in fact you are feeling it for yourself, while in fact you are feeling it for all things around you. The mind has made you believe in its limitedness of 12 frequencies, that you are feeling it for an aspect of reality. You are feeling it for the entirety of reality, however.

Blessed is the human, who loves all things, beginning with him or herself. And I spoke that sentence in love for that being that you call 'Kryon'. That is the one that greets you when you go back into the waiting room of life. And that is the one who sends you on your way, when you step back into life. And I wanted to use this sentence because I know, that he/ she now is in a space that feels much like separation.

As I told you in my last message, we too, that you would call the 'Ascended Masters', have taken on a type of personality in the last few years, especially as we communicated with you. You needed these traits on us. You needed to be able to love Da Ejakasan'da Kuthumi Valen San just a little bit better than Da Ojadasan'ka Adamus Valen San - or the other way round, I'm being told - you needed to do this, so that you could start to really feel neutrality. Now you must begin to understand, that these traits that were put upon us, on on me, or anyone else, are just traits, attributes created by the mind, as you tried to interpret and experience that, which from our point of neutrality, we were trying to communicate with you. Listen to the other messages right there. I am not going to try and explain myself completely again.

## The Full Spectrum of Light, Color, and Sound

I'm going to say this one last thing, however: universal love: how to get to it? How to get to that forgiveness that you can find in the center of that universal love? It is very simple, and it has to do with neutrality. Once you realize that neutrality is not about being zero, but that you realize that neutrality is about three things: it is about light, it is about color, and it is about sound.

You believe in your body, because you think, that your body is made up of a certain ray of light. You believe in your body, because you think, your body is made up of a certain color, or a certain sound, while at the same time, actually, it is about the full spectrum. Neutrality is allowing the full spectrum of sound, color, and light, to be emitted again from your body. And that is what you did when you were just a little child, when you were just born. And that is why people melt away when they see a baby on their arms, or in somebody else's arms. It is simply because they are still emitting the full spectrum of light, and sound, and color, and they are reminding you that you are that also. They are reminding you that you are complete, totality, also.

So find that within yourselves, Lemurian, find that totality, and you will find universal love, and with that you will find forgiveness, and with that the mind will be still again. A tool to create your reality again. Nothing more, nothing less also. That is where you are headed. And together with some others, as I have told you, with Da Ejakasan'da Kuthumi Valen San, and with Da Ojadasan'ka Adamus Valen San, and with Da Lemuaya San, and with Da Hana Satya San, and myself, we will head that, which you call the 'Divinity Manifest', which is basically a creation of that energy being, that you know as Da Solarys San.

I have told you that you might prepare for a three day event of much listening, for all of these, in the coming days, are going to speak, and we will begin the Divinity Manifest before you go home. It is the way of the Warriors of Light, and that is who you are.

It is my deep, deep honor, and that of all the others, that we may be the ones who went first into this process of Ascension, and that we may be the ones to remind you of who you are, and that we may be the ones to remind you how to go there yet again. It is our great, great honor. We are your sovereign servants, and we will always continue to be so. You are dearly loved.

I am going to finish this message not because I want to, but because at some point I will have to. It is the problem of 3D at this point, isn't it? It is not yet infinite, otherwise we could sit in the eternity of this moment. That is our normal manner for experience, just sitting in the eternity of each moment. That is also divinity. But for right now, I guess I will have to

find a cat, or a dog, or a horse, or a dolphin, or a whale, or a turtle, to look you in the eye, and find within you that moment of infinity.

You are loved, you are blessed, you are wise, always remember that, and you are each other. And you are very close to the beginning of something completely, completely new. It is not just in those who would sit here and listen to this, that know this. It is in every human being, right now. Everybody, even if they believe in these types of messages, this concept of channeling, even if they believe in this, or they don't, somewhere in their reality will be the sign that things are changing greatly. That is what we have always told you, not to push this information onto others, for they will find it in their own right. You are simply the ambassadors of a free energy of non-definition. Carry this proudly, carry it boldly, and know that you, and I, will always carry each other. See you later, Lemurian.

And so it is.