

# Study of the Pah

## Session 5

### The Truth about Who, What & Where You Are

by  
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&  
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**Da Pah Kwan Yin San**: So, I thought before we get started, you know, just to take a few minutes together and you know, to focus on the fact that what we are going to be putting out here, what we are going to be communicating, is in the greatest service to the whole and that we will use the vectors available to us, known as Love and Joy and Freedom and Truth and Life and Gratitude and Grace and Wellbeing. And that is all we have to do, and everything else will just fall into place.

## **Welcome to Hana San Ka**

Beloved Imzaia, greetings to One and greetings to All. I am Da Pah Kwan Yin San, and it is my great, awesome joy to welcome you to our home, Hana San Ka, as well as to our digital home, Imzaia World.

**Da Pahdasan'ka Barak Solarys San**: Greetings everybody! Imzaia'e.

**Da Pah Kwan Yin San**: Imzaia'e.

**Da Pahdasan'ka Barak Solarys San**: Indeed, welcome to Hana San Ka. It has been a long time, and I think that is part of what we will touch upon today, but it feels really good to be back in this particular context.

**Da Pah Kwan Yin San**: Very much so. I mean, it goes without saying that all of us that are joining here today and the both of us have missed you all tremendously, missed doing this, being with you in this way, tremendously, but for those that have been following us on social media and other internet locations, you will know that you have always been in our heart – that has never changed – and that we have stayed in touch in that way. But, ultimately, it also cannot be denied that it has been over five years – I think, recently, we came to the conclusion that it must have been six almost – that we have put one of these recordings out, both in audio, or in video, to be honest. And there is reasons for that, that we are going to be talking about today, right?

**Da Pahdasan'ka Barak Solarys San**: Indeed, yes. For us, of course, it has been an ongoing thing. It is not like anyone here stopped, of course. It is a 24-hour a day thing for us here. So, we also realize, however, now that it is very important for the direct communication in this way, the video recordings and live recordings... but even better, direct personal contact is really how people have been taught for the last five years, and it is not as if none of this has been recorded. It is, in fact, also partly what we want to speak about too, in terms of the amount of material that is on its way to you, if you like, in the process of happening at the moment.

**Da Pah Kwan Yin San:** Yes, exactly. We have been... I guess that the last recording that we put out publicly was part of – for those of you that have followed in the past – was part of what we called ‘The Solar Activations’ back then, which was a webinar, and we are going to talk more about that, too, about all of those recordings of the past in a little bit. And that was February 2016. So, that was a while ago.

In that time, we were still in the Algarve, in Portugal, and right now, we are no longer in the Algarve. We have been traveling quite a bit since 2016, having spent brief periods of time in... through Spain, but also in France in certain locations, where some of these recordings that the Pahdasan’ka just spoke about, have been created with Da Ojadasan’ka Adamus Valen San. Very interesting topics to talk about that in a little bit perhaps. But then, eventually, indeed, we made our way to where we are now in the Netherlands, through all sorts of adventures that we also look forward to sharing with you all in the time to come.

And in these last few years, especially since – I guess it has been since 2018 especially, but also a little bit before that, but especially since 2018, as the Pahdasan’ka just explained, we have been preparing a tremendous amount of recordings. In fact, we have been putting all of this together lately and it is coming out to hundreds, at least a couple of hundred hours’ worth of recordings, when filtered, all of these become hundreds and hundreds of pages of text. These recordings go from myself to Da Pah Lao Tze San to Da Pah Ekara San to Adamus Valen San, as I just said, to Kuthumi San, and so many others that you have never even truly met yourselves before, except for perhaps through the Imzaia Quotes that we sometimes put out; Merkavah San, for instance, is in these recordings.

But anyway, since then, all of this has started, and we have made sure, all of it was kept safe, and all of it is currently being turned into a series of book volumes. We are temporarily calling it ‘Fragments on the Pah’ or something like that. We don’t know the final title yet. But all of these are being put together now and are going to become available in the weeks and months ahead on our Imzaia Store. It will be the perfect way for everyone to catch up with what has been taught here to the direct students of Ascended Life in the last five years.

Of course, we are going to be talking about this ourselves in the broadcasts to some extent as well, but there you will find the original transcripts, the original conversations that took place between then and now that will help all of you to sort of catch up with what has been happening here. But, on top of that, of course, we are going to be doing that in the form of these recordings as well.

**Da Pahdasan’ka Barak Solarys San:** Yes, and we are going to be going extremely in depth into all of these concepts, which are necessary now to understand in the next bit of

the tuition, which would be The Study of the Pah. Previously, everything you have heard is to do with The Study of Vibration. So...

## **The Study of Vibration vs. The Study of the Pah**

**Da Pah Kwan Yin San**: This is maybe an interesting topic to talk about for a little bit because, of course, for a lot of people who have been with the Imzaia material and have been working with it throughout the years, nobody has really ever heard of The Study of Vibration. Most of you out there are comfortable with series, such as The Cosmic Manifest or Mastering the Grand Illusions or The Divinity Manifest and those sorts of things – Solar Activations, as I just mentioned earlier, being one of those. And, as the Pahdasan'ka just mentioned, what we have opted for at the request of Da Pah Lao Tze San, who is my direct teacher, over these last few years, is to transform all of this material – not the content of the material, but the way it is presented, the way it is going to be stored on the website, as many of you have already seen, and we are removing a lot of the identity, if you will, of a lot of these Sessions or Ekaraias, as we have always also called them. Each of these would have individual names and there would be so many different series. And everyone out there knows that when Da Jeshua San was in the body, he, of course, enjoyed creating new series and starting one here and starting one there, and all of that was done with the constant interaction of all Imzaia out there and the constant evolution that was happening at that time.

And that is exactly what the distinction truly is between what we have been presenting over the years and what is going to be presented now. All of that taken together, all of these pieces over the years, are now being relabeled as a massive series of 340 main Sessions, called The Study of Vibration, as the Pahdasan'ka just mentioned.

And this stands apart from what has been taught over the last five years here already and what is going to be presented to all of you now, The Study of the Pah. The main difference, you could argue, between those two states of tuition, is that The Study of Vibration very much is literally that, the study of those things that rise and fall; the study of the vibrational universe, the vibrational reality; the study of, therefore, everything that manifests within the reality of the Chakra system. These are emotional, temporary states, such as matter is one, such as energy is one, and this is what The Study of Vibration has been teaching for all of these years, how to interact with that.

But for those, that have already been following the quotes and other little hints that we have dropped along the way over the last five years on social media and also on our website now in the last year or so, for those of you that have been looking into The Study of the Pah, you will already have seen that what is being presented there is not about the

temporary and, therefore, also, as I said to one of the students here the other day, the temperamental, if you will, that, which comes and goes; that, which rises and falls. But instead of the temporary, The Study of the Pah studies the permanent states of beingness, that, which does not have a beginning, middle, and end, which is something that you will have heard many times in The Study of Vibration, of course. Mind, for instance, is a typical thought generator, which typically generates things with beginnings, middles, and endings. And in The Study of the Pah the focus shifts. The focus shifts to those things that are permanent states; permanent states here in this reality and in this universe, but also beyond this reality – and we are going to be talking a lot about that today perhaps as well – in the metaphysical reality and the metaphysical universe.

And then we are talking about things that people often think, “Oh, these must be then complicated, abstract ideas that are permanent states in the universe,” but no. As Ascended Life has discovered in its own study, beginning a long, long time ago with Da Pah Ekara San, these states – and as you already know – are very easily described as being simply Love, Joy, Freedom, Truth, Life, Gratitude, Grace, and Wellbeing.

Now, these are English words, of course, that we have used over the years to help you understand the concepts that we are talking about, but in The Study of the Pah, we take these concepts that were studied during The Study of Vibration and look at their true, permanent presence in not only this universe, but in all of metaphysical reality. Maybe you would like to say something about that?

**Da Pahdasan’ka Barak Solarys San:** I think it is now the time for it. I think a part of the reason that we haven’t spoken is that when the work began, it needed to ride on that kind of lightworkery wave, and the whole Study of Vibration was where Earth was, if you like.

**Da Pah Kwan Yin San:** Mhm.

**Da Pahdasan’ka Barak Solarys San:** Obviously, times have changed, and Ascended Life very gratefully now feels that The Study of the Pah, the dawning of The Study of the Pah at least, is available now. This means the study of the permanent states. This means the complete removal of all the ego/mind/personality construct itself and the chance to focus on the more tonal expressions, hence the reason we – some of us at least – received our tonal signatures during this time as well, as another step towards The Study of the Pah itself.

## Metaphysical Expression Using the Sound of the Elements

**Da Pah Kwan Yin San**: It is an interesting thing to talk about because many of you will have seen our way of communicating, even the language, if you will, of communication change gradually, as the Pahdasan'ka – which is one of those words – just implied. Tonal signatures are one of these examples. And some of you, in the last month as well, have written in and have said, honestly, that you have difficulties sometimes connecting with this terminology. So, this is also something that we are going to be talking about in the videos in the days and weeks and months to come because The Study of the Pah is very much again about permanent states. And I guess you will all understand that sound or language even that travels on sound, if you will, and on mental understanding, is ultimately not a permanent state.

And in order to help students, early students on the Pah, students of ascension, to make that transition from vocal – spoken, in other words – language to a more telepathic – empathic telepathy – telepathic way of expressing communication, the bridge is offered again in an expression of sounds, which you have seen us use in the last while, but these sounds are only a first step towards a true expression of these ideas and concepts and forces, if you will, of creation through the kakra system. And at that point, it has nothing whatsoever to do anymore with language.

In fact, that is also why we do not call these expressions a language, but we simply here in English have been referring to it as metaphysical expression. And the reason I have chosen those two terms is because, fairly speaking, when you are not in body, when you are not in physical reality, wherever in the higher densities you might locate yourself – whether it is during astral-travel or whether it is during a general out-of-body experience or a complete out-of-body experience or whatever it might be – if you are going to find yourself in another state of consciousness, then these are going to be the ways, with which universal communication between all other parties that might be partaking there is going to be possible. So, that is why it is quite an important part of the package of tuition that we have been providing for the private students here, but also are going to be providing for all of you in the times to come.

I will give an example because some people might not know whatsoever I am talking about, obviously. But some of you have heard the Pahdasan'ka in previous recordings that were done even in 2018 or something or 16, I think, say in communication with Da Pah Lao Tze San upon greeting the word 'San'a'ke'.

Now, San'a'ke is an expression – one of many expressions, with which metaphysical expressors communicate with one another. As an example of San'a'ke, I will just briefly take you through it. I would need my whiteboard for this, so, we will be doing this properly

in one of the upcoming recordings in the other location, but for now, I will tell you that San is the collection of these active ingredients that I just spoke to you about: Love, Joy, Freedom, etc. That collection of expression is what is in metaphysical lingo, if you will, known as San.

Now, what is so important about these eight states is not only that they are permanent, but literally that they are the generators of All Things – All Things – including even the Grand Illusions; including everything: matter, energy, everything. Ultimately, there is only one substance here, and that substance is San. It is a collective of these permanent states that will be with you, whether you are in this lifetime or in another lifetime or in body or out of body or in this reality or not in this reality – these states permeate All Things. They create All Things. And this is often used as one of the first elements in expressing the start of communication, San. San'a'ke.

The 'a' element there – and this is how you will see that metaphysical expression very much ties into all of the reality creation elements that you see around you – the 'a' element here is related to the kakra system. As you know from The Study of Vibration, beyond the illusion of the Chakra system exists the kakra system, and the kakra system consists of the Akene here in the heart center, which generates the Akonai'da in the head center and the Adonai'ka in the belly center. These three spaces within the metaphysical being are responsible for the expressive tones that generate what you think of as the elements.

So, from within the belly kakra, the 'o' element – the 'oh' for English speaking people – the 'o' element is created, which in metaphysical expression would sound more like 'och'. And this is the earth element, the grounding, manifesting element. That is also why it is in the belly kakra because that is the manifesting kakra.

Going up, which you see coming back in San'a'ke, you have the 'a' element, which is in the heart kakra. The 'a' element is the flow element, the water element, therefore, in your physical reality.

Going up – o, a – you go to the 'e', the letter 'e', which ironically in the English language (to confuse things) is pronounced 'ee', but in metaphysical expression you say 'eh'. That is the air element; also, the element of communication, connection, thoughts run on 'e', as the advertising goes.

And, at that point, the movement through the kakra system, as you go from 'o' to 'a' to 'e', curves back in on itself and creates an inner spiral, going back into the heart kakra, where the 'i' element, the letter 'i' is generated. And that, of course, is the light or the fire or that type of essence.

Now, for those of you who have already studied these things, you know that this is a sequence of creation that is initiated and that each of these elements contains the previous one. In other words, the 'a' element contains the 'o'; the 'e' element contains the 'o' and the 'a' in itself, and the 'i' element contains all of them at the same time.

This is one of the ways, in which metaphysical expression shares the movement of things. So, when you say 'San-a-ke, then the 'a' is a movement through the heart space, through the Akene. Therefore, it is a heart-based expression, not a manifesting expression, to be followed by the 'ke'. And this is one of the first that we have shared so far of the active ingredients of San that, ultimately, here gets transformed by the head kakra, hence not 'ka' but 'ke'.

Now, I know this all sounds very complicated and it is a little complicated because I don't have my whiteboard and I can't really show you all of these things, but this is only to get you situated with this a little bit.

The whole reason I am trying to explain this to you right now is to say that all of these expressions that you have heard us or read us use in the last years, such as San'a'ke or Akeyasan, are ultimately a geometrical type of expression.

## **Akeyasan**

So, I will move for a moment to the word 'Akeyasan' because Akeyasan is the word that we use for initial students on this path. And here, you again have a triangle, if you will, in geometry of Akene, aya, and San, you see? So, people have written in and mistakenly assumed that this was some sort of hierarchical expression or something like that, but it couldn't be further from the truth because the word Akeyasan is literally a translation... If I were to translate it, is Akene-Aya-San. So, may San – the active ingredients of Love, Joy, Freedom, Truth, Life, Gratitude, Grace, and Wellbeing – may San aya, therefore, flow through your Akene, through your heart.

That is the expression that a student on the path, as they begin exploring these tuitions, take to heart. This is the initial impetus, if you will, therefore, of a student on the path, to make it so that San at all times is flowing through the Akene. And when I say, "at all times," I literally mean at all times. I mean continuous, consistent, no prisoners, 100% committed all the time. This momentum is what you focus on. That is the first step you take as a student. You decide for yourself that all of the reality around you, all of the thoughts in your head, everything that is your entire being, are merely these states of Love, Joy, Freedom, etc. And that is the commitment you make. That is the first step.

## Internal Active Ingredients & Expressed Active Ingredients

Now, these active ingredients, as I have just labeled them of Love, Joy, Freedom, etc., are, of course, not English words. They exist in two different states of themselves. One is the internal active ingredient, and then you have the expressed active ingredient.

Let's take Love as an example. Love in metaphysical expression translates as 'Da'. Now, for the Russians that are listening today, they are going to be very happy – we always knew it: Yes! Da. But that translates as Da. – And I say this for a reason, and I will get back to this in a second. – That is the inner presence of the active ingredient of Love.

Now, when Love gets expressed, the Da expresses into Imzaia. And that is why we use the word Imzaia World for our organization, for the website, for everything because that is the initial choice made by students on the path, teachers on the path, to express Love, San, through the Akene.

Now, the reason I say, "The Russian people listening to this, for instance, will be very happy because, of course, in Russian, da is 'yes'. But I say this because you will see, as we begin working with these building blocks, as we begin working with these active ingredients, such as Da, Ba, Ra, Ka, Va, etcetera, that you will see that they will be everywhere around you. These things are expressed in every language, in every concept everywhere. And it is in those things that you can see the presence of the metaphysical reality and very often also inversions and distortions created based on San, but ultimately, still based on San, so, still made of San. That means that all of the Grand Illusions, beloved Ones, that all of the distortions, all of the mental crap, all of the nonsense, it is all meaningless because it is all the same thing, and it is merely up to you, as a student on this path, to make the choice to make that so.

**Da Pahdasan'ka Barak Solarys San**: And it couldn't be a more joyous choice, could it, because everything that is negative and feels bad, you understand, is illusion. Even that itself is made of San, it is just twisted up through something called 'Sahvok'. We will go into that another time perhaps, but really, it couldn't be easier to just choose to express Love, Joy, Freedom. And that is the only thing you need to do. It is...The Vah that you will create is towards these permanent states if you ignore the illusory ones, which are all of the vibrational things, which The Study of Vibration has spoken about previously.

So, yes, it is so simple that the mind throws up all sort of complications. People wouldn't imagine it is as simple as choosing for these things. "Ah, but there is this! Ah, there is that..." "All these things come up, but it really is that simple. And if you can do that continuously, that is the state of the Akeyasan that you were talking about.

**Da Pah Kwan Yin San**: And the good news is...

**Da Pahdasan'ka Barak Solarys San**: That is where it begins.

**Da Pah Kwan Yin San**: Yes, that is where it begins. And the good news is: you are going to be able to do that continuously because that is why we have decided to come back on the air, to be back with you, every day if we can; as much as we can because we feel it so important to remind you during these times or during any other times on this Earth really – it doesn't really matter what is happening in the external universe – but to remind you of what is real, of who you are, of why you are here.

And we have so much more to say, to be honest, for those of you that may think, this is all a little bit confusing, and we are going all over the place with it. Yes, it is, and, yes, we are, but that is also because we have been preparing for so long to be back with all of you and to start sharing about all of this that we also realize that this first recording here today is probably going to be a large sampling of all sorts of things that we are going to be talking about more concretely in the time to come, starting probably tonight – I am planning another recording hopefully – and in the next few days.

## **Sahvok**

The Pahdasan'ka just spoke about Sahvok. This, ultimately, is the metaphysical expression of the so-called famous and infamous ego/mind/personality construct! Yeah! Ladies and Gentlemen! That is what the metaphysical expression ultimately refers to as Sahvok. And I will tell you about why that is so later.

But, if you knew how small really that element that you consider your ego/mind/personality – in other words, in many cases out there on Earth, your everything – if you knew how small that truly is within your head kakra system and if you knew that that is merely a distortive point that generates main pillars of identification, as it has been, recently again, explained in the SAS Technique recordings that have been released on Imzaia World... If you go there and type in the letters S-A-S Technique, you will come across it. In there, we speak of the main pillars of identification, which sort of hold up your ego/mind/personality construct, almost like a pyramid. You can imagine Sahvok at the top of... or it is more like a pyramid that is lying on its side, so, at the top, at the point of this pyramid, creating three points of tension at the foot of the pyramid, which generate the foot of the pyramid, which is your ego/mind/personality points.

Now, the interesting thing about that is that these three points all think they are so fantastic, but, at the end of the day, they are merely made of one another. You know, the

ego is made of the energy of mind and personality, etc., the personality of the ego and mind, etc.. However, to confuse matters, they generate the reality around you that puts the idea of the personality within you, on the edge of your inner world let's say; it puts the idea of the mind outside of you, everything that the mind generates, and it puts the barrier, the illusory barrier, to be honest, between that inner and outer world up as the ego. Now, that is the distortion that is generated by Sahvok.

In order to maintain that distortion, three main pillars of identification are generated that usually run a person's life. This could be something like gender identification – all of you probably have that, except for maybe the younger generations these days. Authority identification could be one. – Maybe you could mention another one.

**Da Pahdasan'ka Barak Solarys San**: Consumer identification.

**Da Pah Kwan Yin San**: Consumer identification.

**Da Pahdasan'ka Barak Solarys San**: Repetition.

**Da Pah Kwan Yin San**: Yes, repetition is one of them. Again, all just English words, of course, to help.

Now, these are not so important and have been touched upon in The Study of Vibration many times already, but these pillars that form the edges, if you will, of this pyramid on its side, leading to these three points of the ego, mind, and personality, create a triangle in the middle, which we call 'Lavat'.

Now, that is basically the vibrational realm, distorted into the Grand Illusions, which generates a field that is the opposite, you could say, of Pah and of San, etc., called 'Mah'. Often you see it in older civilizations referred to as 'Maya', which, obviously, is this illusion.

**Da Pahdasan'ka Barak Solarys San**: Vibrational..

**Da Pah Kwan Yin San**: Exactly, this vibrational illusion. You see it referred to in many different cultures still to this day.

This Mah field generates everything around you that you call the vibrational universe: matter, energy, everything; the idea of finiteness; the idea of time, of space, of form, of exchange, of death, and of separation. These are the Grand Illusions.

However, I say all of this as though it is all very grandiose, but really, it isn't because all of that is... All, everything that you have ever studied in The Study of Vibration truly is a little triangle that sits here [right side of head kakra], sort of on... Well, depending on whether

you are working on... Initially, it sits here [left side of the head kakra], but once you begin working on its removal, it exchanges places. More about that in another recording. But let's say, it sits here in a space that you would not even be able to define if you had a needle pin. That is how... Even smaller than that, in this vast area of your head kakra. And that one point of distortion, that one filter, that one lens creates everything that you think is right with the world, wrong with the world, right with you, wrong with you. All of your thoughts. Everything.

Now, again, that is what The Study of the Pah moves beyond and into the permanent states of.

## A Metaphysical Ekaraia

**Da Pahdasan'ka Barak Solarys San**: Which could lead just nicely into fact that this is a choice that you made, to experience this Sahvok in what we call the Ekaraia.

**Da Pah Kwan Yin San**: Yes.

**Da Pahdasan'ka Barak Solarys San**: This is not something that has been done to you, this is not your normal state, but it is, however, something you decided to come and experience, in order to teach yourself the permanent states, the true states, beyond this Maya or Mah, if you like, the ones that you would experience in the Domain, everything San basically.

**Da Pah Kwan Yin San**: There is a bit of an explanation to be given there, I think. This might be a little difficult for some, but why not? Why not try and tackle it already here right now?

This comes down to the idea – and we will do this more officially perhaps in the future – but this comes down to the idea that any serious student on this path, any serious student that contemplates ascension, must consider for themselves a number of questions you know. One of these questions is, who am I? One of these questions would be, what am I? Why, where? All of these are very valid questions for someone that begins to move beyond the simple confines of the matrix-based reality.

And as I just explained at the beginning or earlier in this recording, you are, ultimately, a being that consists – and purely consists, only consists – of San. That San, Love, Joy, Freedom, Truth, Life, Gratitude, Grace, and Wellbeing, these are your authentic states and there literally is nothing that is not that.

So, knowing this, by purely focusing on these states, and only focusing on these states, you generate a field that in metaphysical expression is called 'Vah'. Now, when San, when these ingredients, these active ingredients of reality creation that exist inside of you and also expressed – which is the only way you can express – when these lead to Vah... This can be translated as the word 'vector' or more correctly as the word 'approach'. So, you could argue that San leads to an approach, an approach to what, you may say? An approach to Pah. And that is exactly the permanent states of reality creation and reality itself that this study studies.

If you know that that is what you are in essence, that that is your core, and you know that all of these other things that hang around you and all of these other thoughts and all of these complexities and all of these distortions and all of these identifications etc. are merely illusion, are merely distraction, then you might wonder, why? Why would you exist in a world that has that sort of an environment around you? Now, a lot of people who are merely looking into spirituality and light work etc. and not metaphysics itself, will simply say, "Well, yes, this is the universe, and you know, you can ascend this universe and then you go into the higher dimensions etc. and you become an ascended master." But it is not exactly like that, at least not for where you currently are.

And that leads me to this next question. If you have this idea now firmly planted in your heart, hopefully, that you are these eight pieces of reality creation, these eight active ingredients of San, and you are aware of all the distortions that are around you, then it leads one perhaps to the obvious conclusion that you are doing this to yourself; that nobody is doing this to you. There is no governments doing anything to you, that are not doing anything that you haven't created them to do. There are no metaphysical demonic entities or archangels or whatever the hell that you have not created to interact with you.

Now, whether you have created these beings yourself or whether you have created the way in which they are interacting with you and the field, in which they are interacting with you, is a little bit more than just a simplistic answer perhaps, but the fact that it is happening, that is definitely true.

Now, from that perspective, if you are aware that you might be doing this to yourself, and if you are aware and you feel in your heart that you truly are a student, an Akeyasan, an Imzaia on this path of ascension training, then you may begin to let it dawn on you that all of this, everything that you have considered your reality since birth, is merely a metaphysical exercise or, in other words, a metaphysical Ekaraia.

E-ka-ra-aya: 'e' the expression through the emission of thought and matter and energy; 'ka', the life force; 'ra', truth and the flow, 'aya'. So, in the head kakra is created an environment that you consider this reality that is generated through life force and truth and that is flowing through you.

Now, from that perspective, that you might be in a metaphysical Ekaraia, then where is this Ekaraia taking place? You have heard me speak since I came into this body all of these years ago many times about the Domain, the metaphysical Domain. You have heard throughout the Solar Activations Ascended Life use words, such as 'Honomeia'. Well, that is where this is taking place.

This is a reality, a metaphysical reality that is significantly different to the reality that you are currently in, or that you are currently making yourself believe that you are in to such... So significantly different to such an extent that when you are focused here, focused on a world of finiteness, a world of beginnings, middles (those are the good bits), and endings, a world like that, that you cannot believe... Sometimes, the Pahdasan'ka says this to me when we speak or when you speak with other members of Ascended Life, it is hard to imagine that something does not have a beginning, does not have an end. Yes, it is easy to imagine eternity or infinity, but to actually imagine it in a practical way is more difficult. And the reason why it is difficult is because you are focused here because of this Sahvok scenario, this Lavat scenario of the ego/mind/personality construct and the Grand Illusions I was just telling you about. In here, it is impossible to not imagine that things do not begin, and things do not end. Things just always are permanently, for evermore so.

When you are not in this exercise, however, it becomes almost impossible to believe the opposite. Every student, including myself all the time that enters this exercise, every time we do, are like, "Okay, we are going in again and apparently we are about to believe in a minute or so that things have a beginning and things have an end, but I don't know how I am possibly going to believe that!" And then, it happens – like you do, every day, which has a beginning and an end, which is why you go to sleep, which is all part of this scenario.

So, anyway, the vast difference between these two states is that in here, everything is Sahvok based or appears to be Sahvok based and has a beginning, middle, and an end. Outside of the Ekaraia, Sahvok is an almost theoretical concept that is being explored by you as the student body and by Da Pah Ekara San and by Da Pah Lao Tze San and myself, Da Pah Kwan Yin San, the three Da Pah teachers at the moment. And that is the reality of it.

## **The Ra Material**

So, when you study valuable material... and I don't know if any of you do, but I recommend you to study the Law of One series, the Ra Material. It is Truth, believe me. This Ra Material was once delivered a long, long time ago in Egypt, but eventually got corrupted in the societies that you saw come to be there and then was redelivered at the

request of three highly focused students in the 1980s in the United States. And you can find this material on the internet under LL Research, the Law of One series, the Ra Material. If you search for any of these terms, you will get there. There is more members of Ascended Life except for Ra or Ekara that speak there. I, myself, am present there regularly as the entity you know as Q'uo. You will see that there as well. But in that material it is very clearly illustrated all of these points. That was the point I was trying to make.

**Da Pahdasan'ka Barak Solarys San:** And I think it might be worth pointing out that all of these impermanent states, that means the whole life and death cycle, is inside of this Ekaraia. It is not like at the end of the life you would go exit this. It is... It includes all of that. So, many of us have been here a long, long, long time – millions and millions and millions of times over.

**Da Pah Kwan Yin San:** And those that finish the Ekaraia – and there are many more besides just this one, by the way, as part of the ascension training in the Domain – like myself, continue to also stay focused here because, as you will see, you will, as your consciousness continues to expand, become very much involved in the design and in the ideas and in the potentials that exist in this place. Don't think of this place as a punishment or a negative state. It is a beautiful thing to do what you can do here.

But to get back to the Ra Material, as I referred to earlier, because in that material, the creator self, the infinite creator is often referenced. And some of you who follow me on social media will have seen a couple of weeks ago that I shared an image that someone made of the various densities of this Ekaraia, if you will, that students evolve through, back towards the so-called infinite creator. But what you must understand is that that infinite creator is you. You are that creator self, distorted, 'avatared' if you will, put in a fragmented state that you have generated yourself. That creator self is the student that you truly are outside of this exercise, that is currently undertaking this exercise, that is in a state of initiation. You have all heard of the concept of ascension initiation. That is what you are doing here. You are working through that ascension initiation. And the main reason you are moving through it, is to make practical and make it so that you know for yourself 100% certain that you are cleared up of all of the things that you have studied in The Study of Vibration, that you know of The Study of Vibration, but that you have studied in the Domain.

And again, this might be a little bit vague for some people at this time, but, believe me, I don't intend to just speak about this now. As I said, we are going to be here a lot. Also, Da Pah Lao Tze San is intending in the next several days and weeks to be here regularly to work with the Pahdasan'ka and to teach all of you about some of the main basics, the important basics, of all of this. And there is, of course, all of these books coming out that

we referred to earlier that are going to be... very quickly. But all of this on top of a series of Sessions that is also going to begin being presented, called The Study of the Pah.

Now, unlike The Study of Vibration, these Sessions are the same type of tuition that you receive in Honomeia before you started this Ekaraia, before you started this exercise. These sessions are presented to ascending beings in exactly the same expression, exactly the same way throughout all of the generations of ascension training, whether you are in these Ekaraias or whether you are in the Domain itself, it doesn't matter.

This means, however, that you have come to a very exciting time for yourself because you are now ready, you have made yourself ready to move on this path into these permanent states of Love, Joy, Freedom, Truth, Life, Gratitude, Grace, and Wellbeing. So, I couldn't be... I couldn't be more thrilled and elated that you are at this point right now. So, thank you for all the work that you have done to get to this stage. It is going to get very, very exciting.

**Da Pahdasan'ka Barak Solarys San**: I'd like to say as well, thank you all for the support that has been shown lately and the messages that we've received. It really did show that there is a yearning for this and a want to exist in these permanent states of Love and Joy and Freedom, etc. Who wouldn't? So, yes, it feels brilliant. It feels like it is time. We see a massive catalyst happening in the world around you. I guess...

**Da Pah Kwan Yin San**: Yes, we will talk more about that another time.

**Da Pahdasan'ka Barak Solarys San**: ... another time maybe, we will go there, but the winds of change are truly upon us and it is a happy thing.

**Da Pah Kwan Yin San**: In the last month, we have indeed received such beautiful messages from many of you, all over the world: from America, the States, Canada, Mexico, South America, all over Europe, here in the Netherlands, France, Germany, England, everywhere, South Africa, Australia, New Zealand. I mean, Imzaia is certainly very much alive. That we have seen after the message that the Pahdasan'ka put out about a month ago and that has truly, truly warmed and touched our hearts, your reactions. In fact, there are so many of them that have come in that we have decided, in one of these upcoming recordings to bundle most of your questions... or not questions, but your letters and commentary together and to give you a proper response because we don't want to just leave it at that. We want to make sure that everything... You took the effort to communicate, so, we are going to be replying and we are going to do that here on the air in the coming time.

## Invitation for Direct Tuition at Hana San Ka

That leads me to one more point I actually want to make right now because we have spoken about these recordings that are now happening again – yay! – and we have been speaking about so many things, but what we haven't spoken about yet, is one practical item that is very near and dear to me and that, indeed, has actually opened the door to these recordings again if you will, besides you and where you are right now, namely the fact that in the last years, as we said, we are constantly teaching a group of eight or nine, sometimes 10 (it depends), people that live with us or near us, that travel with us, that do almost everything with us – the good, the bad, and the ugly, as they say. Some are here right now! But what I would like to do is offer this opportunity to all of you at all times.

In way, what is happening here when the camera is not on, is a constant retreat, a constant tuition in my home, Hana San Ka. And we thought to ourselves, why not open the doors to all of you on that level, and not just through this camera and these recordings, but through giving you the opportunity to visit. So, we have or are at least in the middle of setting up some new pages on Imzaia World and Imzaia Store where you are going to be able to book B&Bs in the area and maybe sometimes even in other locations, and come and stay with us on a basis that is completely of your making, how ever long you want, and you will be invited to join us every single day, not only for these recordings, but all the other hours of private tuition and those sorts of things that are then happening.

Maybe you want to say something about that?

**Da Pahdasan'ka Barak Solarys San:** Yes, that is the thing. We briefly touched on it earlier. It just doesn't stop here. It is 24 hours a day, so, we have always felt as well, it always works best with some kind of direct contact. If you were actually physically part of a conversation, it would very naturally include part of what you, your awareness, is, and the way the students have learned the best is to be with Ascended Life. And yes, it found its way through somehow because of Ascended Life feeling a want for that community, a need to physically connect and...

**Da Pah Kwan Yin San:** Very much so!

**Da Pahdasan'ka Barak Solarys San:** ... the building of this whole new Earth is going to be all about that, is it not? So, we are inviting people to join us and learn and cocreate with us and begin.

**Da Pah Kwan Yin San:** And we are keeping that very accessible for people. You will see on the store a token gesture of € 30, - or something Euros; we will see what we are going

to do with that. It has never been about finances or about money for us. It has always been about truth, about love, and all of these things that we have been talking about today.

But anyway, we do, indeed, very much want to invite you to come and join us, as many times as you want. You will be staying in the area. You will be able to come to Hana San Ka or wherever I will be for that day to join and to not only ask your questions, but to literally enter into direct training for the time that you are here. And all of that, of course, will be made available to the rest of the student body out there as well.

**Da Pahdasan'ka Barak Solarys San**: Yes, these things are going to be recorded for the benefit of the whole, in service to the whole. The information will go out... All of it eventually... Everything eventually will be out there free for everyone. That is how it works with us. So, that is not going to be a closed set situation.

**Da Pah Kwan Yin San**: No, no, no, no, no. Indeed. Indeed. As the Pahdasan'ka indeed points out, everything that we do is always recorded, so it either ends up in books or it ends up on the website, on Imzaia World. And when it does end up on Imzaia World – and this is something that I have been inviting all of you, of course, to do for a couple of years already – when it does end up on Imzaia World, parts of it will immediately be available to the world audience at large, without signing up, without logging in – nothing like that. Available free for all.

## **The Pay-it-Forward Wall**

But we also are going to begin putting a lot of our material temporarily behind a paywall or, as I like to call it, a pay-it-forward-wall because this is what I have been trying to explain to all of you for many years already. We simply want to create a system that allows us to support you and, as we do so, we invite you to support the creation of the material via a membership website, that we keep at a very low fee of € 19,- a month or € 190,- a year, where all of the material that we will be recording, is going to be stored for a period of time, until after several months, it is made available outside of the paywall, completely to the entire world at large.

And that is why we have created a membership website and are not necessarily going to be working with separate webinars and things like that that people can buy and then download because that is not how this material works. This is not material that is: now we are talking about this and then we are talking about that. Everything, everything is ultimately connected, and it is important that everybody has a chance to study all of that.

So, I encourage you, if you haven't done so already, to sign up to Imzaia World and become a monthly or yearly member and take part in what we are doing here. It feels great to be putting this work out and I am sure that you will feel fantastic to become a part of it, either by joining us here on a regular basis or by signing up as a member and helping us spread the word that way.

It really feels good to be back, doesn't it?

**Da Pahdasan'ka Barak Solarys San**: It does! It really does, and I know that we have been skimming over loads of different subjects today...

**Da Pah Kwan Yin San**: Oh, yes!

**Da Pahdasan'ka Barak Solarys San**: ... and go all over places... Part of the excitement here. And also, I want to say, I am sure, on behalf of everyone out there, thank you for coming back and talk to everyone in this way. I am really grateful, and I know that I am speaking for a lot of people.

**Da Pah Kwan Yin San**: I am very grateful, too.

**Da Pahdasan'ka Barak Solarys San**: So, da'ka'ya.

**Da Pah Kwan Yin San**: Da'ka'ya – which is, by the way, an expression of gratitude: Da-ka-aya or da'ka'ya, which is love and life flow. That is an expression of gratitude. Love-life-flow – which, by the way, maybe one little thing that I still want to mention.

I have been saying Pahdasan'ka here the whole time. This is another one of those words that you can think about. I will show you the geometrical trinity of it, the design of it, in the coming time, but it obviously is made up of the expressions of Pah, which you now have a bit of an idea about; Da, which is love; San, which is the container of all of these things; ka, which is life force flow, similar to how every student... We don't simply address a student with Akeyasan, but we always open the statement by saying, Da Akeyasan because we put everything in this eternal or infinite container of love and San. And this creates a permanent state between beings, rather than a temporal state of mental communication.

But anyway, I feel like we probably should leave it at this for now. Later tonight probably we are going to be back; if not tonight, then definitely tomorrow and we are going to start making more sense for you, throughout all of this, as we are going to take all of these individual pieces, and much more that we haven't spoken about yet, and we are going to go deeper and deeper and deeper into all of that.

We hope that you have enjoyed yourselves being here with us and we hope that you will be back later and maybe that you will even be here in person soon and we hope that you are going to leap in ways that you have never imagined before. And if we can be a part of that for you, then that means the world to us.

**Da Pahdasan'ka Barak Solarys San**: Yes, that is what it is all about.

**Da Pah Kwan Yin San**: It is. Anyway, we will be back soon with more from Imzaia World.

I am Da Pah Kwan Yin San.

**Da Pahdasan'ka Barak Solarys San**: I am Da Pahdasan'ka.

**Da Pah Kwan Yin San**: Honomeia vish imzaia'e.

**Da Pahdasan'ka Barak Solarys San**: Honomeia imzaia'e.