

The Study of Vibration

Session 160

by
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And so it is.

Greetings, my Beloved, I am Da Pah Ekara San, King of Lemuria, and I am here with my brothers and sisters, those that you know under the names of Da Eja'e San. I am also here with Da Tobias San today who is joining us for this Free Energy Class, and also, Da Ojadasan'ka Adamus Valen San, who wanted to sit in between you guys, actually.

So, I welcome you. I welcome you to the first practical Free Energy Class, and I am sure that we will have a lot of fun together. Actually, I was planning today to also do several three-on-one discussions, but due to time limitations and the light going away quickly, we will not be able to do that, here – at least, in this space.

So, either you are all invited back to the resting area, that which you call 'a house' today, to continue the three-on-ones, or we can do that tomorrow, of course. We will see how much information you can still put inside of your little heads.

So, anyway, before we go onto the practical, here is a couple of things I need to tell you. And I must say, I have been following how your days are progressing. It is natural for me to do so, since this island, the Big Island, on which we are now, is the place where I have always been stationed, and it is my home. I like it here a lot.

I must say that I think when I see you think that what you are doing these last few days is really running around in circles, but the circles that you are running around in are getting wider every day. So, at a certain point, you will get tired of running because the circles will become so big that you won't get all the way across, before you get into an insight; before you run into a moment of insight, you see.

So, what you have been doing the last few days is a very nice build-up. It is just the beginning, and, of course, you know that the high point of this will be the 29th, the 29th of September, when you will run into the dolphins and when you will run into the closing off of the 9-9-9 portal, only to be drawn into that area of three months' time, where things will be so very different for all of you.

How to work with Akene and Akenet

But what I really wanted to talk to you about, before we get into the practical side, is the way the Akene and the Akenet actually work from a practical level. Because, you see, if you want to send and receive information, if you want to do things with your akeneic web or your Akenet, you are going to have to need a method, especially in the beginning.

Hello, how are you doing?

You will need a method, and then, after that, you will start letting go of the method, and you will get into the free zone, the free area, where you can just rumble around and do things any way you see fit.

I must say, you are making me all quite drunk at the moment. Your energy is so refreshing. It is so very open. You are very open to receive what is about to come, and this always make me tipsy.

So, anyway. The Akenet. You know by now because Da Lemuaya San has been telling you about this, he is also the energy that brought me in today, by the way, that transported me from 4 years into the future to this point in the future, in the timeline, which is now the future. – It wasn't the future this morning!

Anyway. If you want to work with the Akenet, you are going to need a set of visuals that you will use to project what you are actually doing onto your senses, you see. And how can you do this? It is very simple.

Say, for instance, that three people are together, and three people want to communicate to each other, using the Akenet. What can you do then? It is very simple. I give you an example.

You have the three people standing in a triangle, one on each end of the triangle. And these three people want to communicate a message to each other. Say that the person standing at the point of the triangle is looking at the two people standing at the other two points. And she wants to communicate. How do you do this? You close your eyes, or you keep them open, but I would say, close your eyes, and you just go to that akeneic, divine energy that is already within you. You have already done this. You just go to the akeneic energy that is within you, right?

And I usually, when I was learning this a long time ago, I usually see it as a sphere, a sphere of brilliant golden light; fire coming off, like there's a star inside of you. You know, once you get close to the sun, you see the portal that is the sun, and you see this huge, huge light pouring out. And there is solar bursts and everything going on. Well, this is the energy of the Akene, which is inside of you, you see?

In linearity now, you would think that you would have to transmit from your akeneic star to another's. That is not the way it works.

So, this person stands up and he goes to the other two people, and you just go into that Akene sensation. You just go into that Akene feeling. And what you do, is you don't just see your own, feel your own, you feel all three, the three people.

And then, what you do, once you are ready to communicate, once you are ready to put your message out there, you just let your akeneic cell go to the center of that triangle. You just let it go forward, and you see the other two coming forward, too.

A Big Bang Experience

It is actually pretty powerful. It is building up, and energy builds up and builds up. And you feel it right in here as it is building up, and then it is letting go. And it is going on its trajectory, going to the center of the triangle. And you see these other two, going to the center of the triangle. And then, at a certain point, they connect.

Now, what happens when they connect, is you have like a Big Bang experience. It is like, boom! All of a sudden, that information that you are sending out is everywhere, you see?

Now, what you have just done, is step beyond the illusion that there are three akeneic cells, and you blended them together again. And once you have blended them together, the information that is in yours, is also in the others', you see.

Now, you can do this once you are standing in a triangle, or standing with just two people you can do this. You can do this with someone on the other side of the planet.

Now, the neat thing is – and that is why we couldn't get into the information on the five elements before today – the neat thing is, this is the only thing you have to learn. The only thing you have to learn to do, and it works for everything. It will work for communication, for instance. It will work for finding another person. It is also going to be the guide into shifting into other realities and other dimensions. It is also going to be that which you are going to use when you start manifesting because...

There is something else I need to tell you. You now think that there is about 8 billion people on the planet, right? There is actually a lot more on the planet because the planet is a time-space field, so there is actually hundreds of thousands of billion people that have been here at one given point, and you are several of them. You know, you, as a person, as an individual unity consciousness, are several of those people because you have incarnated time and time and time again.

One Akeneic Cell

So, that would mean that all these people, right, carry an akeneic cell, or at least, the projection of an akeneic cell, so that there would be about several billion people using this. It isn't right. What you are forgetting, is that this leaf that I am holding in my hand right now, this recorder that I am holding in my hand right now, this piece of clothing, that little piece of water that is falling down and creating concentric circles in that poodle... in that pool, not that poodle, in that pool, all carry akeneic energy. Those trees here, the animals, everything carries that very same akeneic cell.

And so, that piece of God, that piece of divinity, is in everything. So, you are not just creating this illusion around you, but as a creator... What does a creator do at any given point? He creates that which he or she is. So, if you have sovereignty, if you have this spark of divinity within you, then that will mean that if you create anything – like the trees that you have now created in your realities – these also carry that spark because they are all based on the same projector, you see?

And if you want to manifest things, if you want to manifest food, manna, for instance, like Da Jeshua San did, or if you want to heal someone, heal yourself, all you need to do, is go back to that akeneic cell.

Now, of course, it is going to be different if you are going to be manifesting something out of thin air, but let's start at the beginning, shall we? It is a very simple exercise. So, I am going to explain it to you one more time.

Exercise 1

Can I have three volunteers? I know you want to learn, so, come up here. There you go! Welcome! Welcome!

Now, okay, make sure you don't fall over because here, we are in nature.

Let's work with this. What we are going to be doing, I am going to ask you to broadcast. I am going to ask the both of you to receive. Now, you are all in the same moment. So, neither of you has to do anything. It is not that you are going to have to time when you are going to put all these cells together. Just the one broadcasting is the one that needs to do it because all three of you are in the same moment. Okay?

So, let's start with it, and understand that the mind is still there; that the mind is still present. So, it will be fairly easy for the mind to create a false vision. That doesn't mean

that you two might not succeed, and that you might fail in sending out that thing that you want to send out. It just means – because it is going to work; it is going to work from the very first time – it is just the mind that is going to translate it differently. Okay?

Akeyasan: Do we need to close our eyes?

Da Pah Ekara San: Need to close your eyes? No, no, just as long as you open your heart, baby. But your heart is always open. You can close your eyes if you like.

Akeyasan: Okay, that is easier.

Da Pah Ekara San: Okay, so, you know how it works. You just visualize that akeneic star here in yourself and in them, and you guys do the same, okay? You also visualize it. And you let it come to the center. And you are on send mode; you both are on... You are on sending mode, and they both are on receive mode, right? So, that is how it is going to work.

Now, just one thing, I just used the word ‘visualize’, but I know there is people in the group here who say, visualization sucks. So, they don’t know how to do it and they don’t like it and what have you not. When I mean ‘visualize’, I should actually say ‘feelize’ or something. It is about feeling. ‘Feelize’ it, you know? Just feel it, feel it happening, okay? You don’t need to see anything. You don’t need to hear anything. There don’t need to be flashes of light. You don’t need to start shaking. You just feel it happening.

And how do you feel something? Much in the same way... You know, if you close your eyes now, you will feel if my hand is in front of your face or not. There you go. See? That is just the way it works. Just feel it, as though you were a blind person trying to see.

There we go. So, go for it. Close your eyes, open up the energies, and go for it.

Experiences with the Exercise

Akeyasan 1: I visualized the three centers. I brought them into the middle. I took time for that. I needed to activate it first. And then, once they were together, or we were together, I put in the image that I wanted to project, together with the most information that I could put in it, so that it would be received in different ways if necessary. I kept it going. I am still keeping it going.

Da Pah Ekara San: Okay. Yes. Yes. I saw it happen, actually, between the three of you. I don’t know if many of you can see energy – it’s not required, of course – but if you can, I

saw it happen between the three of you. And at a certain point, there was a really big energy field here in the middle of you. Did you see it? Any of you?

Akeyasan: I felt it.

Da Pah Ekara San: You felt it?

Akeyasan: See-feel.

Da Pah Ekara San: See-feel. That is a nice one. And what happened to you both? What happened to you? My dear.

Akeyasan 2: I felt as if someone touched my heart. I think I was too much in my head.

Da Pah Ekara San: You think?

Akeyasan 2: Yes.

Da Pah Ekara San: There you go! – And what happened to you?

Akeyasan 3: I feel joy and happiness.

Da Pah Ekara San: Okay, okay.

Akeyasan 3: And much of love.

Da Pah Ekara San: Yes. Okay.

Now, of course, it is not about being right or wrong. It is not about this little experiment here being a success. The success does not depend on the actual receiving of the image that you sent. It just depends, this first time, if you felt something happen to you. And you all did, so that is good. But just to be curious, what did you send?

Akeyasan 1: The image that I sent was a tiger.

Da Pah Ekara San: A tiger. And did you get that? Yet?

Akeyasan 2: No.

Da Pah Ekara San: No? And you?

Akeyasan 3: Only the strength I felt.

Da Pah Ekara San: The what? The strength, okay!

Akeyasan 3: Not the tiger.

Da Pah Ekara San: Yes, yes. So, you see, it will take some time for this to start up. It is like a child that is learning how to write. You know, and at first, you can't do it all at once, but we are going to be practicing with all of it. And this was just a little test to show you how the akeneic field works, but we are going to do something quite different now.

Exercise 2

I am going to invite all of you to partner up. I am just going to see – once I turn this thing off here – if we can partner you up with two at a time or three at a time, and then I am going to ask you to put your backs together, and you are going to be doing the exercise the other way around.

So, we are going to be... If you are making a triangle or just are together back-to-back, then we are going to let the akeneic cells blend, come together, and we are going to ask one to keep their eyes closed, and the other to keep their eyes open. And then I am going to invite the other one, the last one, to open their eyes. And then you will see that you will have 360° vision.

If you can do that, then we are going to be teaching you in the same way to connect the Akenes, to connect the very cells, and then to ask one person to keep their eyes closed, and the other one to go to a particular spot here on the island and open the eyes. And then you will see the images that you are receiving from one another.

So, it is all about continuing to understand that you are living a lie, that you are living an illusion. So, you have been taught, it is impossible to see from far distances. It is not. You are all carrying this spark of God, and if you do, you can see wherever you want to see.

Akeyasan 2: I felt much pressure in my neocortex.

Da Pah Ekara San: In your neocortex? Yes.

Akeyasan 2: It was a bit too overwhelming.

Da Pah Ekara San: Yes, yes, that is necessary because, you know, as I told you, the neocortex is very strongly connected to the Akene, which is basically going to the thymus

and the two other parts here of the brain. But the neocortex is that which creates the visual; it is that which creates the concept.

If you send something from one person to the other, for instance, it will end up in the other's Akene, and then it won't travel up to the other parts of the brain. It will just go to the neocortex. And it is there that it is received. So, that is what you felt.

And that is why most people think at first when they are doing this that they are fantasizing it because they say, "Oh, no, it couldn't be a tiger." And you know, for a split second there, even though the conscious mind won't remember it, you probably received that image of a tiger, but it is immediately pushed away as fantasy, and thus not even registered.

Akeyasan 2: That is why I thought, I was in my head.

Da Pah Ekara San: There you go. There you go.

So, okay, we will turn this off now and then we will form some groups and we will get to it!